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# **PREFACE**

Curriculum planning is a continuous process. It is crucial in the context of education and plays an important role in bringing out desirable social, economic and cultural changes. By designing relevant and detailed syllabi for different stages of school education an important link is established between educational objectives and the expected developmental goals in a systematic and graded manner.

It is imperative to consider the various issues and concerns in education and relate them to social, economic and cultural issues along with numerous other issues related to environment, industry, agriculture conservation of natural resources, defence, health, nutrition and population and give fresh look to these issues while designing syllabus in an integrated manner. There is also an urgent need to address some other educational concerns like eliminating imbalances, facing the impact globalization, meeting the challenges of information and communication technology, linking education with life-skills and harnessing education for value development. Emphasis is laid on the process of learning and developing necessary academic and social skills more than acquisition of facts.

The National Curriculum Framework for school Education recommends a common scheme of studies for the upper primary stage (3 years) with emphasis on the skills of learning. This scheme of studies is as follows :

- 1. Three Languages mother tongue / regional language, modern Indian language and English
- 2. Mathematics
- 3. Science and Technology
- 4. Social Science
- 5. Work Education
- 6. Art Education Fine Art, Visual and Performing
- 7. Health and Physical Education

The prescribed syllabus is an excellent course designed under the new norms of the NCERT Syllabus and guidelines. It holds a modern approach of teaching for the development of a young and creative mind. The illustrations and fun filed activities along with the class room teaching facilities the learners to develop power of thinking and analyzing. The syllabus is designed so that the assessment system, child's Psychology, period distribution quality grasping and activities goes hand in hand systematically.

## **GENERAL GUIDELINES FOR THE STUDENTS**

- 1. Students should be present in the class at the start of the period and reach in time for all other activities and functions.
- 2. Attendance on the last day of school before vacation and first day of the school after vacations is absolutely essential.
- 3. Students are required to behave politely at all times and should not use indecent languages or, indulge in fights and quarrels with other children in the school. Any behaviour likely to hurt others in the matter of language, religion or community is strictly prohibited.
- Children should refrain themselves from the following activities : Spitting in or near the school building, disfiguring or otherwise damaging the school property, any form of rowdyism and rude behaviour.
- 5. No students should scratch or damage the school property or write or draw on the walls or cause damage in any way to any item belonging to the school or to others in the school. Any damage done will render the students liable for recovery of damages.
- 6. In the absence of the teacher from the classroom students are required to observe silence and obey the monitor of the class.
- 7. Every student should have his/her own textbook, stationery and other material required for studies, Articles should not be exchanged, nor should money be borrowed or lent.
- 8. A student who uses unfair means in the examination will render himself/herself liable to such punishment as is considered necessary by the Principal/Co-ordinator.
- 9. The general behaviour of students should be good not only within the school but also outside. Any reported objectionable conduct within or outside the school will make the student liable for disciplinary action.
- 10. Every student should take care of his/her personal belongings, School authorities will not be responsible for loss of such belongings.
- 11. It is the duty of all students to keep their classrooms and other places in and around the school clean and in order. All waste paper and other discardable materials should be thrown in the dustbin.
- 12. No student is allowed to write on the black board unless asked to do so by the teacher.
- 13. Before leaving the class room at the end of the day they should arrange the desks and chairs in proper order, put off the lights and fans, close the windows, throw the waste and unwanted materials into the dustbin and then leave the class room.
- 14. A student should come to the school in proper uniform which should be properly washed & ironed.
- 15. A student should greet/wish everybody with a pleasant smile.
- 16. Violation of the rules and regulations of the school and the code of conduct will render the concerned student liable to punishment including removal from the rolls of the school.

#### UNIT WISE DISTRIBUTION OF THE SYLLABUS (2025-2026)

#### **CLASS-VII**

| Unit              | Dates        |                 |             |
|-------------------|--------------|-----------------|-------------|
|                   | From         | То              | No. of Days |
| Unit 1            | 02.04.2025   | 19.04.2025      | 11          |
| Unit 2            | 21.04.2025   | 03.05.2025      | 11          |
| Unit 3            | 05.05.2025   | 16.05.2025      | 09          |
| Summer Vacation   | 17.05.2025   | 21.06.2025      |             |
| Unit 4            | 23.06.2025   | 05.07.2025      | 11          |
| Unit 5            | 07.07.2025   | 18.07.2025      | 10          |
| Unit 6            | 21.07.2025   | 02.08.2025      | 11          |
| Unit 7            | 04.08.2025   | 22.08.2025      | 14          |
| Unit 8 & Rev.     | 25.08.2025   | 12.09.2025      | 15          |
| Half Yearly Exams | 15.09.2025   | 29.09.2025      |             |
| Unit 9            | 03.10.2025   | 17.10.2025      | 11          |
| Unit 10           | 24.10.2025   | 07.11.2025      | 11          |
| Unit 11           | 10.11.2025   | 21.11.2025      | 11          |
| Unit 12           | 24.11.2025   | 05.12.2025      | 11          |
| Unit 13           | 08.12.2025   | 26.12.2025      | 14          |
| Winter Break      | 29.12.2025   | 07.01.2026      |             |
| Unit 14           | 08.01.2026   | 31.01.2026      | 17          |
| Unit 15 & Rev.    | 02.02.2026   | 12.02.2026      | 11          |
| Annual Exams      | 13.02.2026 o | nwards (Tentati | ve)         |

#### ASSESSMENT SCHEDULE :

| Dates |  |
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| ve)   |  |
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| ENGLISH  | (v) grasp meaning of words and sentences and   | (vii) converse in familiar social situations.                     |
|--|--|---|
| ENGEIGH  | acquire the ability to use a suitable dictionary;  | (2) Writing Skills : The ability to write English                 |
| escribed Books :                               | (vi) form the habit of reading for pleasure and  | correctly.  |
|  | information;   | The student is able to:   |
| Honeycomb (NCERT)<br>An Alien Hand (NCERT)     | (vii) develop correct reading habits, silently,  | (i) master the Mechanics of writing; the use of                   |
| The English Channel Main Course Book           | extensively and intensively;   | correct punctuation marks and capital letters                     |
| Publication : By Britannica (India) Pvt. Ltd   | (viii) comprehend material other than the  | (ii) spell words correctly, write neatly and legibly              |
| Essential of Grammar and Composition           | prescribed text; and comment on the  | (iii) complete accurately and fluently sem                        |
| Publication : Sultan Chand                     | passages read.   | controlled compositions like stories, events                      |
| eneral Objectives : To enable the students :   | (2) Listening Skills : The ability to understand   | processes etc;  |
| To communicate effectively and appropriately   | English when it is spoken.   | (iv) write description of people, places and                      |
| in real life situation.                        | The student is able to :   | things and respond imaginatively to textua                        |
| To develop interest in and appreciation of.    | (i) understand meaning of words, phrases and   | questions;  |
| To listen, understand and communicate using    | sentences in context;  | (v) write paragraphs, letters. (Personal and                      |
| English in a variety of topics.                | (ii) understand statements, questions,   | official) simple, narrative pieces, reports                       |
| To read, enjoy and appreciate written English  | instructions, and commands;  | notices, messages, diary entries etc;                             |
| materials.                                     | (iii) follow directions, simple narratives and   | (vi) make notes and summarize, edit writter                       |
| To develop an awareness of the importance      | description given orally;  | material and expand notes.  |
| of the English language as an international    | (iv) grasp the substance and central idea of   | <b>C)</b> Attitudinal Change : Through the course, the            |
| means of communication in order to benefit     | what is heard;   | student should be able to - imbibe ethical                        |
| from it.                                       | <ul><li>(v) listen and understand radio broadcasts, T.V.</li><li>Programmes; and</li></ul> | moral, national and cultural values through<br>various forms of.  |
| To develop and integrate the use of the four   | (vi) maintain his/her listening attention for a  | <ul> <li>D) Creative Expression-During the course, the</li> </ul> |
| language skills i.e. Reading, Listening,       | reasonable length of time.   | student should be enabled to write ar                             |
| Speaking and Writing;                          | B) Expression :  | original, dialogue, story one-act play, poems                     |
| To develop students insight into the structure | (1) Speaking Skills: The ability to speak  | etc.  |
| of English Language.                           | intelligibly.  | Note : Subject to minor changes due to                            |
| pecific Objectives :                           | The student is able to :   | unavoidable circumstances   |
| Receptivity :                                  | (i) pronounce English Correctly and intelligibly;  | Unit 1 02.04.2025 to 19.04.2025 (11)                              |
| Reading Skills : The ability to read English   | (ii) use appropriate word stress, sentence   | Honey Comb : Unit-1 Three Questions &                             |
| with understanding                             | stress and elementary intonation patterns;   | The Squirrel  |
| e student is able to :                         | (iii) speak intelligibly while making statements,  | Grammar : The Sentence  |
| understand the total content and underlying    | asking question, giving instructions and   | Writing Skills : Notice writing                                   |
| meaning in the context;                        | commands, reporting events.  | Vocabulary : Synonyms (1-20)                                      |
| follow sequence of ideas, facts etc.           | (iv) put ideas sequentially;   | Art Integration/Activity :  |
| ) identify and understand phrase or sentence   | (v) narrate simple experiences and series of   | 1. An Alien Hand : Unit 1 : The Tiny Teacher :                    |
| groups;  | events to convey its essence and intention   | Draw the life cycle of 'An Ant'.                                  |
| ) draw inferences and predict outcomes;        | and  | 2. Sentence Activity  |

| <ul> <li>Unit 2 21.04.2025 to 03.05.2025 (11)</li> <li>MCB : Ch-1 How It All Began</li> <li>Grammar : Noun (Revision),<br/>Pronoun (Revision)</li> <li>Writing Skills : Notice writing (contd.)</li> <li>Vocabulary: Synonyms (contd.) (20-40)</li> <li>Art Integration/Activity : <ol> <li>An Alien Hand : Unit 2 : Bringing up Kari :<br/>Research on 'Adaptation in Terrestrial<br/>Animals'</li> <li>Collage making on 'Noun and its kinds'</li> <li>Unit 3 05.05.2025 to 16.05.2025 (09)</li> <li>Honey Comb : Unit 2-A Gift of Chappals &amp;<br/>The Rebel</li> </ol> </li> <li>Grammar : Verbs</li> <li>Writing Skills : Writing Biographical Sketches</li> <li>Vocabulary: Antonyms (1-20)</li> <li>Art Integration/Activity : <ol> <li>An Alien Hand : Unit 3 : Golu grows a nose :<br/>Paragraph writing on 'The dangers of<br/>trusting strangers'</li> <li>Word Wall</li> </ol> </li> <li>Unit 4 23.06.2025 to 05.07.2025 (11)</li> </ul> | <ul> <li>Art Integration/Activity : <ol> <li>An Alien Hand : Unit 8 : The Bear Story : <ul> <li>Dialogue writing between the bear and a Man</li> </ul> </li> <li>Word Maze</li> <li>Unit 6 21.07.2025 to 02.08.2025 (11)</li> <li>MCB : Ch-4 Thank you, Ma'am</li> <li>Grammar : Tenses : Expressing the Future</li> <li>Writing Skills : Informal Letter (contd.)</li> <li>Vocabulary: Words often confused (contd.) <ul> <li>(20-40)</li> </ul> </li> <li>Art Integration/Activity : <ol> <li>An Alien Hand : Unit 9 : A Tiger in the House : <ul> <li>Draw out the central theme</li> </ul> </li> <li>Reading Comprehension</li> <li>Worksheets for all kinds of learners</li> <li>Unit 7 04.08.2025 to 22.08.2025 (14)</li> </ol></li></ol></li></ul> <li>Honey Comb : Unit 4- The Ashes that made <ul> <li>trees bloom &amp; Chivvy</li> </ul> </li> <li>Grammar : Tenses (revision)</li> <li>Writing Skills : Story Writing</li> <li>Art Integration/Activity : <ol> <li>An Alien Hand : Unit 10 : An Alien Hand : <ul> <li>Case Study of Viking's Mission to Moon</li> </ul> </li> </ol></li> | <ul> <li>Writing Skills : Formal Letter</li> <li>Vocabulary: Idiomatic Expressions (1-20)</li> <li>Art Integration/Activity : <ol> <li>Activity related to Conjunction</li> <li>Case Study on 'The Process of Shoe Making'</li> <li>Reading Comprehension</li> <li>Worksheets for all kinds of learners</li> <li>Newspaper Activity</li> </ol> </li> <li>Unit 10 24.10.2025 to 07.11.2025 (11)</li> <li>MCB : Ch-7 What is a Democracy ? Grammar : Adjective (Revision), Preposition Writing Skills : Formal Letter (Contd.) Art Integration/Activity : <ol> <li>Paragraph writing on 'Unity is Strength'</li> <li>Case Study : Indian Army</li> <li>Worksheets for all kinds of learners</li> <li>Newspaper Activity</li> </ol> </li> <li>Unit 11 10.11.2025 to 21.11.2025 (11)</li> <li>Honey Comb : Unit-7 - The Invention of Vita-Wonk, Dad &amp; the Cat &amp; the Tree &amp; the Garden Snake</li> <li>Grammar : Voice</li> <li>Art Integration/Activity : <ol> <li>Newspaper Activity</li> </ol> </li> </ul> |
|--|--|---|
| Grammar : Tenses : Expressing the Present<br>Writing Skills : Writing Biographical Sketches<br>(contd.)<br>Vocabulary: Antonyms (contd.) (20-40)<br>Art Integration/Activity :<br>1. An Alien Hand : Unit 7 : Chandni : Case study<br>on the relationship of 'Men and the Animals'<br>2. Vocabulary Game<br>Unit 5 07.07.2025 to 18.07.2025 (10)<br>Honey Comb : Unit 3- Gopal and the Hilsa Fish<br>& The Shed<br>Grammar : Tenses : Expressing the Past<br>Writing Skills : Informal Letter<br>Vocabulary: Words often confused (1-20)   | <ol> <li>Worksheets for all kinds of learners</li> <li>Unit 8 &amp; Rev. 25.08.2025 to 12.09.2025 (15)</li> <li>Honey Comb : Unit 5 - Quality &amp; Trees</li> <li>Grammar : Adverb (Revision)</li> <li>Writing Skills : Story writing</li> <li>Revision Test, Mock/Sample Paper Test</li> <li>Art Integration/Activity :         <ol> <li>Reading Comprehension</li> <li>Worksheets for all kinds of learners</li> <li>Newspaper Activity</li> <li>Unit 9 03.10.2025 to 17.10.2025 (11)</li> <li>Honey Comb : Unit 5- Unit 6- Expert Detectives</li></ol></li></ol>   | <ol> <li>Report Writing</li> <li>Poster Making</li> <li>Unit 12 24.11.2025 to 05.12.2025 (11)</li> <li>Honey Comb : Unit-7 - The Invention of Vita-<br/>Wonk, Dad &amp; the Cat &amp; the Tree<br/>&amp; the Garden Snake (contd.)</li> <li>MCB : Ch-8 A Report on Cleanliness</li> <li>Grammar : Voice (contd.)</li> <li>Writing Skills : Poster Making</li> <li>Art Integration/Activity :</li> <li>Research Work : Cleanliness Warriors of<br/>India</li> <li>Newspaper Activity</li> <li>Poster Making</li> </ol>   |

| <ul> <li>Unit 13 08.12.2025 to 26.12.2025 (14)</li> <li>Honey Comb : Unit-8 : A Homage to our Brave<br/>Soldiers &amp; Meadows Surprises</li> <li>Grammar : Voice (contd.)</li> <li>Writing Skills : Poster Making (contd.)</li> <li>Art Integration/Activity : <ol> <li>Research work : II World war</li> <li>Newspaper Activity</li> <li>Unit 14 08.01.2026 to 31.01.2026 (17)</li> <li>MCB : Ch-11 Ranikhet's Gift</li> <li>Grammar : Articles</li> <li>Writing Skills : Poster making (Revision)</li> <li>Art Integration/Activity : <ol> <li>Illustration : Beauty of Nature</li> <li>Unit 15 &amp; Rev. 02.02.2026 to 12.02.2026 (11)</li> </ol> </li> </ol></li></ul> | Hilsa Fish, The Shed, The Ashes<br>that made the trees bloom, Chivvy<br>Expert Detectives<br>MCB : How It All Began, Tippitty, The<br>Flying Squirrel, Thank you, Ma'am<br>Grammar : Punctuation and Capital Letters,<br>The Sentence, Noun, Pronoun,<br>Verbs, Tenses : Expressing the<br>Present, Past, Future, Adverb<br>Writing Skills : Notice Writing, Biographical<br>Sketches, Informal Letter,<br>Story Writing<br>Vocabulary : Synonyms, Antonyms, Words<br>Often Confused (1-20)<br>Multiple Asst2 06.10.2025 to 14.11.2025 | Grammar: Noun, Pronoun, Tenses, Non<br>Finite Forms, Adjective, Adverb,<br>Voice, Conjuction, PrepositionWriting Skills: Letter writing (Formal and<br>Informal Letter), Poster Making,<br>Story Writing, Biographical<br>Sketches, Notice WritingVocabulary:Synonyms, Antonyms, Words often<br>Confused, Idiomatic Expressions<br>(20-40)โहंदी |
|--|--|---|
| MCB : Ch-11 Ranikhet's Gift<br>(Mock Test, Revision Sheet, Sample paper)<br>Art Integration/Activity :<br>1. Newspaper Activity  | Topic : Project + Activity + Internal<br>Assessment + Class Test + Quiz +<br>Poster making<br>Periodic Asst2 08.12.2025 to 15.12.2025  | प्रस्तावित पुस्तकें :<br>1. वसंत-भाग-2 प्रकाशक : एन.सी.ई.आर.टी<br>2. व्याकरण आनंद प्रकाशक : सोनका प्रकाशन   |
| ASSESSMENT SCHEDULE :<br>Multiple Asst1 07.04.2025 to 09.05.2025<br>Topic : Project + Activity + Internal<br>Assessment + Class Test + Quiz +<br>Story Telling   | Reading       : Unseen Comprehension         Honey Comb : Quality, Trees         Grammar       : Conjunction, Tenses         Writing Skills       : Formal Letter         Vocabulary       : Idiomatic Expressions   | <ul> <li>3. संक्षिप्त महाभारत प्रकाशक : पी.पी. प्रकाशन</li> <li>भाषा शिक्षण के उद्देश्य :</li> <li>भारतेन्दु हरिशचंद्र का कहना है- 'निज भाषा</li> </ul>   |
| Periodic Asst105.07.2025 to 11.07.2025Reading: Unseen ComprehensionHoney Comb : Three Questions, The Squirrel,<br>A Gift of Chappals, The RebelMCB: How It All Began, Tippitty,<br>The Flying Squirrel   | Annual Exams 13.02.2026 onwards (Tenta.)<br>Reading : Unseen Comprehension<br>Honey Comb : Quality, Mystery of the talking<br>fan, The Invention of Vita-Wonk,<br>Garden Snake, Dad and the Cat<br>and the tree, Expert Detectives,  | उन्नति अहै, सब उन्नति को मूल । बिनु निज भाषा<br>ज्ञान के मिटै न हिय को सूल' ॥ हिन्दी भारत की<br>राज भाषा है । भारतीय होने के नाते अपनी<br>राज, भाषा का ज्ञान हम सबको होना ही चाहिए ।<br>भाषा के सही ज्ञान द्वारा ही हम अपने मन के   |
| Grammar : Punctuation and Capital Letters,<br>The Sentence, Noun and Pronoun<br>Writing Skills : Notice Writing<br>Vocabulary: Synonyms<br>Half Yearly Exams 15.09.2025 to 29.09.2025<br>Reading : Unseen Comprehension<br>Honey Comb : Three Questions, The Rebel,<br>A gift of chappals, Gopal and the   | <ul> <li>Three Questions, The Rebel, The Shed, The Ashes that made the trees bloom, Chivy, A Gift of Chappals</li> <li>MCB : How It All Began, Tippitty, The Flying Squirrel, Thank you, Ma'am, A Report on Clealiness, Ranikhet's Gift, What is Democracy</li> </ul>  | भाषा के सहा ज्ञान द्वारा हा हम अपने मने क<br>भावों को प्रकट करने में सक्षम हो सकते हैं। हिन्दी<br>भाषा शिक्षण के चार कौशल-श्रवण कौशल,<br>पाठन कौशल, वाचन कौशल एवं लेखन कौशल<br>है। इन सभी कौशलों का प्रयोग हिंदी शिक्षण में<br>आवश्यक है। अत: छात्रों में भावाभिव्यक्ति का  |

|  |   | CLASS VII  |
|--|---|--|
| कौशल भरना, शुद्ध व साहित्यिक भाषा का<br>प्रयोग सिखाना तथा इसी भाषा के माध्यम से छात्रों<br>को राजनैतिक, साहित्यिक, सामाजिक व<br>समसामयिक विषयों की जानकारी देकर ऐसा<br>युवावर्ग तैयार करना जो समाज, देश तथा विश्व<br>की प्रगति में अपना अभूतपूर्व योगदान दे सकें ।<br>नई शिक्षा नीति 2020 भारत सरकार द्वारा लागू<br>की गई है और इसका मुख्य उद्देश्य भारतीय | अधिगम के प्रतिफल :<br>1. छात्र-छात्राओं में स्वतंत्रता के प्रति प्रेम की<br>भावना का विकास हुआ ।<br>2. छात्रों की भावाभिव्यक्ति समृद्ध हुई ।<br>3. भाषा के शुद्ध उच्चारण में सहायता प्राप्त हुई ।<br>4. छात्रों के शब्द-भंडार में वृद्धि हुई ।<br>Unit 2 21.04.2025 to 03.05.2025 (11)<br>वसंत : पाठ 2 हिमालय की बेटियाँ    | CLASS VII         2. छात्रों की कल्पना शक्ति का विकास हुआ ।         3. शब्द-भंडार में वृद्धि हुई ।         4. छात्रों की भावाभिव्यक्ति समृद्ध हुई ।         Unit 4       23.06.2025 to 05.07.2025 (11)         वसंत : पाठ 4 मिठाई वाला (कहानी)         महाभारत : वन पर्व         व्याकरण : विराम चिह्न, शब्द-भंडार, वाक्यांश         के लिए एक शब्द, मुहावरे         रचनात्मक : पत्र लेखन-अनौपचारिक                    |
| शिक्षा तंत्र को मोड़ना और सुधारना है । यह नीति<br>शिक्षा के कई पहलुओं में सुधार करने का प्रयास<br>कर रही है जैसे कि - सामाजिक समानता,<br>नौकरी कौशल विकास, अधिगम में तकनीकी<br>सुधार, अभिवृद्धि-केंद्रित शिक्षा, स्वयंसेवी और<br>समर्थ नागरिक<br>Unit 1 02.04.2025 to 19.04.2025 (11)<br>वसंत : पाठ 1 हम पंछी उन्मुक्त गगन के<br>(कविता)                   | महाभारत : आदि पर्व<br>व्याकरण : संज्ञा<br>रचनात्मक : पत्र लेखन (अनौपचारिक)<br>कला एकीकरण : भारतीय नदियों पर कॉलार्ज बनाइए<br>अधिगम के प्रतिफल : प्रत्येक पाठ का माइंड मैप तैयार<br>करवाया गया जिससे कि पाठ को समझना व<br>पुनरावृति करना सरल हो गई ।<br>Unit 3 05.05.2025 to 16.05.2025 (09)<br>वसंत : पाठ 3 कठपुतली (कविता) | <ul> <li>कला एकीकरण :</li> <li>1. अपना मनपसंद खिलौना या मुरली बनाइए ।</li> <li>अधिगम के प्रतिफल :</li> <li>1. छात्रों ने जीवन में परिवार के महत्व को जाना ।</li> <li>2. छात्रों में नैतिक मूल्यों का विकास हुआ ।</li> <li>3. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई ।</li> <li>4. छात्रों के भावों को अभिव्यक्ति मिली ।</li> <li>Unit 5 07.07.2025 to 18.07.2025 (10)<br/>वसंत : पाठ 5 पापा खो गए (नाटक)</li> </ul> |
| महाभारत : वन पर्व<br>आदि पर्व ( संक्षेप में चर्चा की जाएगी )<br>सभा पर्व ( संक्षेप में चर्चा की जाएगी )<br>व्याकरण : वर्ण विचार, वर्ण-विच्छेद, भाषा,<br>बोली, लिपि और व्याकरण  | महाभारत : सभा पर्व<br>व्याकरण : सर्वनाम, पर्यायवाची, एक शब्द-<br>(समाचार पत्र से)<br>रचनात्मक : पठित काव्यांश<br>कलाए कीकरण : म हाभारतक`दोप ात्रोंका चित्र  | महाभारत : विराट पर्व<br>व्याकरण : उपसर्ग, प्रत्यय<br>रचनात्मक : पत्र गतिविधि (चित्र वर्णन)<br>कला एकीकरण : अपने पिताजी को आभार व्यक्त<br>करते हुए एक धन्यवाद जार/ग्रीटिंग कार्ड बनाइए।   |
| रचनात्मक ः पत्र लेखन ( औपचारिक)<br>कला एकीकरण ः विभिन्न पक्षियों के चित्र एकत्रित<br>करके अभ्यास-पुस्तिका में लगाइए एवं उनके<br>स्वभाव के बारे में लिखिए।  | चिपकाकर उनके बारे में पाँच-पाँच पंक्तियाँ<br>लिखिए ।<br>अधिगम के प्रतिफल :<br>1. छात्रों को स्वतंत्रता का महत्व पता चला ।   | अधिगम प्रतिफल :<br>1. छात्रों में विषय के प्रति रुचि जागृत हुई ।<br>2. छात्रों में एकता व सहयोग की भावना का विकास<br>हुआ ।   |

| <ul> <li>3. छात्रों की कल्पना शक्ति का विकास हुआ ।</li> <li>4. शब्द-भंडार में वृद्धि हुई ।</li> <li>5. छात्र बच्चों का अपहरण करन वाले असामाजिक<br/>तत्वों से सदा सावधान रहने की प्रवृति के प्रति<br/>जागरूक हुए ।</li> <li>Unit 6 21.07.2025 to 02.08.2025 (11)<br/>वसंत : पाठ 6 शाम-एक किसान (कविता)<br/>महाभारत : उद्योग पर्व</li> </ul> | Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)<br>वसंत ः पाठ 8 रहीम के दोहे संक्षिप्त<br>महाभारत ः द्रोण पर्व<br>व्याकरण ः पद-परिचय, क्रिया विशेषण, मुहावरे<br>रचनात्मक ः अनुच्छेद लेखन, चित्र वर्णन<br>कला एकीकरण ः रहीम जी के जीवन पर ( चित्र<br>सहित ) जानकारी लिखिए ।<br>अधिगम प्रतिफल : | <ul> <li>4. छात्रों ने अविकारी शब्द प्रकरण को सूक्ष्मता से<br/>समझा ।</li> <li>5. छात्रों की कल्पना शक्ति का विकास हुआ ।</li> <li>Unit 10 24.10.2025 to 07.11.2025 (11)<br/>वसंत : पाठ 11 नीलकंठ (रेखाचित्र)</li> <li>महाभारत : शल्य पर्व<br/>व्याकरण : वाक्य विचार (अर्थ के आधार पर<br/>भेद)</li> <li>रचनात्मक : पत्र लेखन, अनुच्छेद लेखन</li> </ul> |
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| व्याकरण : क्रिया   | 1. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई ।  | कला एकीकरण : राष्ट्रीय पक्षी का चित्र बनाकर रंग   |
| रचनात्मक : अनुच्छेद लेखन (संध्या का समय),<br>पठित गद्यांश  | <ol> <li>छात्रों में अपने मन के भावों को अभिव्यक्त कर<br/>सकने की क्षमता का विकास हुआ ।</li> </ol>  | कला एकाकरण : राष्ट्राय पक्षा का चित्र बनाकर रग<br>भरिए एवं उसके स्वभाव के बारे में अनुच्छेद<br>लिखिए।   |
| कला एकीकरण : उद्योग पर्व में आए पात्रों का सुन्दर  | 3. सृजनात्मकता का विकास हुआ ।   | अधिगम के प्रतिफल :  |
| कोलार्ज ( A4 साइज शीट ) बनाइए किन्हीं दो पात्रों   | 4. छात्रों में लेखन-कौशल का विकास हुआ ।   | 1. छात्रों में पश्-पक्षियों के प्रति प्रेम का विकास हुआ   |
| के बारे में 5-5 वाक्य लिखिए ।  | Unit 9 03.10.2025 to 17.10.2025 (11)<br>वसंत : पाठ 9 एक तिनका ( कविता )   | 2. छात्रों ने कवयित्री महादेवी वर्मा के जीवन में  |
| अधिगम के प्रतिफल : छात्र धार्मिक प्रसंगों से अवगत  | पाठ 10 खानपान की बदलती तस्वीर   | पशु-पक्षियों की महत्ता को जाना ।  |
| हुए ।<br>Unit 7 04.08.2025 to 22.08.2025 (14)<br>वसंत : पाठ 7 अपूर्व अनुभव   | महाभारत : कर्ण पर्व<br>व्याकरण : अविकारी शब्द-( संबंधबोधक,  | <ol> <li>छात्रों को समानता का भाव अपनाने की शिक्षा<br/>मिली ।</li> </ol>  |
| महाभारत : भीष्म पर्व   | विस्मयादिबोधक, समुच्चयबोधक)   | 4. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई ।  |
| व्याकरण : विशेषण   | रचनात्मक ः विज्ञापन लेखन  | <ol> <li>छात्रोंद ्वाराअ पनेम नक`भ्गावोंक ोअ भिव्यक्त</li> </ol>  |
| रचनात्मक ः विज्ञापन लेखन   | कला एकीकरण ः कोई एक ऐसा खाना बनाएं जिसमें   | करना ।  |
| कला एकीकरण : भीष्म पर्व में आए किन्हीं दो पात्रों  | सभी पौष्टिक गुण हों । मेन्युकार्उ भी तैयार कीजिए  | Unit 11 10.11.2025 to 21.11.2025 (11)<br>वसंत : पाठ 12 भोर और बरखा ( कविता )  |
| का चरित्र चित्रण कीजिए ।   | अधिगम के प्रतिफल :  | महाभारत : शल्य पर्व   |
| अधिगम के प्रतिफल :   | <ol> <li>छात्रों में पारंपरिक खानों के प्रति रुचि जागृत हुई ।</li> </ol>  | व्याकरण : काल   |
| 1. छात्रों की कल्पना शक्ति का विकास हुआ ।  | 2. छात्रों ने खनपान के गुणों को समझा ।  | रचनात्मक ः अनुच्छेद लेखन,   |
| 2. छात्रों ने व्याकरण प्रकरणों को सूक्ष्मता से समझा ।  | 3. विभिन्न खानों का महत्व तथा बनाना सीखा ।  | चित्र वर्णन-समाचार पत्र से  |

|   |  | CLASS VII  |
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| कला एकीकरण : मीराबाई की रचनाओं को A4 साइज                             | कला एकीकरण : गांधी जी की जीवनी को चित्र सहित         | श्रुतलेख ः                                       |
| शीट पर चित्र सहित दर्शाइए ।   | A4 साइज शीट पर लिखिए ।                               | Periodic Asst1 05.07.2025 to 11.07.2025          |
| अधिगम के प्रतिफल :  | अधिगम के प्रतिफल :                                   | वसंत : हिमालय की बेटियाँ, कठपुतली                |
| 1. छात्रों की कल्पना-शक्ति का विकास हुआ ।                             | 1. छात्रों देशभक्ति की भावना का विकास हुआ ।          | महाभारत : सभा पर्व, वन पर्व                      |
| 2. छात्रों ने मीरा का श्री कृष्ण के प्रति अनन्य भक्ति व               | 2. छात्रों ने ''जीवन में मितव्ययता'' का महत्व जाना । | व्याकरण : वर्ण विचार, वर्ण-विच्छेद, संज्ञा,      |
| प्रेम को जाना ।   | Unit 14 08.01.2026 to 31.01.2026 (17)                | सर्वनाम, पर्यायवाची, वाक्यांश के लिए             |
| Unit 12 24.11.2025 to 05.12.2025 (11)                                 | महाभारत : अश्वमेघ पर्व                               | एक शब्द, तत्सम-तद्भव                             |
| वसंत : पाठ 14 संघर्ष के कारण मैं तुनक                                 | व्याकरण : अशुद्धि शोधन                               | रचनात्मक : पत्र लेखन-( औपचारिक पत्र⁄             |
| मिजाज हो गया  | रचनात्मक : अनौपचारिक पत्र लेखन                       | अनौपचारिक पत्र )                                 |
| महाभारत : सौप्तिक व स्त्री पर्व                                       | कला एकीकरण : भीष्म पितामह के चरित्र को चित्रों       | Half Yearly Exams 15.09.2025 to 29.09.2025       |
| व्याकरण : अशुद्धि शोधन  | द्वारा दर्शाइए ।                                     | पाठन : अपठित गद्यांश, अपठित काव्यांश             |
| रचनात्मक : साक्षात्कार  | अधिगम के प्रतिफल : छात्रों ने शुद्ध वर्तनी का प्रयोग | वसंत : हम पंछी उन्मुक्त गगन के, कठपुतली,         |
| कला एकीकरण : अपने प्रिय खिलाड़ी के चित्रों का                         | करना सीखा ।  | शाम-एक किसान <i>,</i> पापा खो गए,                |
| कोलार्ज बनाइए व उसके बारे में अलबम बनाकर                              | Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)         | मिठाईवाला  |
| लिखिए ।   | वसंत ः संपूर्ण पाठ्यक्रम की पुनरावृत्ति              | महाभारत : वन पर्व, विराट पर्व                    |
| अधिगम के प्रतिफल :  | कला एकीकरण : पुनरावृत्ति                             | व्याकरण : संज्ञा, सर्वनाम, क्रिया, वाक्य ( अर्थ  |
| आवगम के प्रातंफल :<br>1. छात्रों ने अपने भावों व विचारों को अभिव्यक्त | अधिगमक`प्रतिफलः क क्षाम`ंछ ात्रोंक ोप्र गतिक ा       | के आधार पर), काल, पर्यायवाची,                    |
| •                               | मूल्यांकन हुआ ।                                      | वाक्यांश के लिए एक शब्द,                         |
| करना सीखा ।   | ASSESSMENT SCHEDULE :                                | मुहावरे, उपसर्ग, प्रत्यय                         |
| 2. छात्रों में साक्षात्कार लेने के कौशल का विकास                      | Multiple Asst1 07.04.2025 to 09.05.2025              | रचनात्मक ः पत्र लेखन-( औपचारिक पत्र⁄             |
| हुआ ।   | श्रवण कौशल : यूट्यूब के प्रेरक प्रसंग से संबंधित     | अनौपचारिक पत्र), विज्ञापन लेखन                   |
| Unit 13 08.12.2025 to 26.12.2025 (14)                                 | विडियो प्रश्न पर आधारित प्रश्न-उत्तर<br>,            | Multiple Asst2 06.10.2025 to 14.11.2025          |
| वसंत : पाठ 13 वीर कुँवर सिंह  | कार्य  | कक्षा प्रस्तुतीकरण : अध्यापक द्वारा दिए गए पात्र |
| पाठ 15 आश्रम का अनुमानित व्यय   | वाचन कौशल : सामाजिक विषय पर अपने विचार               | की भूमिका पर किया गया कार्य                      |
| महाभारत : शांति व अनुशासन पर्व  | व्यक्त करना ।  | परियोजना कार्य : कोई भी एक व्यंजन बनाकर लाइए     |
| व्याकरण : पुनरावृति   | परियोजना कार्य : घोंसला ( 3D ) तैयार करवाना          | और उसकी बनाने की विधि (चित्र                     |
| रचनात्मक : अनौपचारिक पत्र   | अभ्यास-पत्र : साहित्य और व्याकरण पर आधारित           | सहित) लिखिए व बताइए ।                            |
|   |  | 1  |

| त्र : साहित्य एवं व्याकरण   | ( औपचारिक पत्र∕अनौपचारिक   |
|---|--|
| ाल : नैतिक शिक्षाओं पर आधारित रहीम के   | पत्र ), विज्ञापन लेखन  |
| दोहे कक्षा में अर्थ सहित लिखिए व  |  |
| कक्षा में सुनाइए ।  | MATHEMATICS  |
| Asst2 08.12.2025 to 15.12.2025<br>: अपठित गद्यांश<br>: नीलकंठ, भोर और बरखा<br>: द्रोण पर्व व भीष्म पर्व<br>: मुहावरे, उपसर्ग, प्रत्यय, क्रिया-<br>विशेषण, पर्यायवाची, कारक,<br>वाक्यांश के लिए एक शब्द<br>: पत्र लेखन-( औपचारिक पत्र/                 | <ul> <li>Prescribed Book :</li> <li>1. Mathematics Text Book-VII (NCERT)</li> <li>2. Exemplar (NCERT)</li> <li>3. Reference Book : Empowering<br/>Mathematics (Pitambar Publications)</li> <li>General Objectives :</li> <li>&gt; To make learning mathematics enjoyable<br/>the learners.</li> <li>&gt; To develop the logical and mathematical sk<br/>of the learners.</li> <li>&gt; To increase the competitive skills of<br/>learners.</li> </ul>  |
| xams 13.02.2026 onwards (Tenta.)<br>: अपठित गद्यांश, अपठित काव्यांश<br>: मिठाईचाला, नीलकंठ, संघर्ष के कारण<br>मैं तुनक मिजाज हो गया, खान-पान<br>की बदलती तस्वीर ( पठित गद्यांश ),<br>हम पंक्षी उन्मुक्त गगन के, कठपुतली,<br>रहीम के दोहे, भोर और बरखा | <ul> <li>To facilitate character building and develous sense of value in learners.</li> <li>To understand mathematical languation including the symbols and formulas.</li> <li>To help the child to develop a beit understanding of logic &amp; appreciating motion of proof.</li> <li>Unit 1 02.04.2025 to 19.04.2025 (Topic : Ch-1: Integers</li> <li>Learning Outcomes : To make the learn</li> </ul>   |
| : पाठ - द्रोण पर्व, पाठ 8 कर्ण पर्व<br>: संज्ञा, सर्वनाम, क्रियाविशेषण, काल,<br>पर्यायवाची, विलोम, कारक, अशुद्धि<br>शोधन, उपसर्ग, प्रत्यय, मुहावरे,<br>वाक्यांश के लिए एक शब्द,<br>: अनुच्छेद लेखन, पत्र लेखन   | understand the concept and fundamenoperations on integers and its properties.<br>Art Integration/Activity : To show that addition commutative for integers by paper cutting a pasting using graph paper.<br>Unit 2 21.04.2025 to 03.05.2025 (Contemportation of the second secon |
|   | <ul> <li>तल: नैतिक शिक्षाओं पर आधारित रहीम के दोहे कक्षा में अर्थ सहित लिखिए व कक्षा में सुनाइए ।</li> <li>Asst2 08.12.2025 to 15.12.2025 : अपठित गद्यांश</li> <li>: नीलकंठ, भोर और बरखा</li> <li>: द्रोण पर्व व भीष्म पर्व</li> <li>: मुहावरे, उपसर्ग, प्रत्यय, क्रिया-<br/>विशेषण, पर्यायवाची, कारक, वाक्यांश के लिए एक शब्द</li> <li>: पत्र लेखन-( औपचारिक पत्र/<br/>अनौपचारिक पत्र)</li> <li>xams 13.02.2026 onwards (Tenta.)</li> <li>: अपठित गद्यांश, अपठित काव्यांश</li> <li>: मिठाईचाला, नीलकंठ, संघर्ष के कारण<br/>में तुनक मिजाज हो गया, खान-पान<br/>की बदलती तस्वीर (पठित गद्यांश),<br/>हम पंक्षी उन्मुक्त गगन के, कठपुतली,<br/>रहीम के दोहे, भोर और बरखा</li> <li>: पाठ - द्रोण पर्व, पाठ 8 कर्ण पर्व</li> <li>: संज्ञा, सर्वनाम, क्रियाविशेषण, काल,<br/>पर्यायवाची, विलोम, कारक, अशुद्धि<br/>शोधन, उपसर्ग, प्रत्यय, मुहावरे,<br/>वाक्यांश के लिए एक शब्द,</li> </ul>  |

| गौपचारिक                     | Learning Outcomes :   |
|------------------------------|---|
|                              | Students would be able to explore :                                       |
|                              | <ul> <li>knowledge of fractions and the operations on</li> </ul>          |
|                              | fractions.  |
|                              | <ul> <li>Operations on decimal numbers</li> </ul>                         |
| S                            | <ul> <li>Conversion of units</li> </ul>                                   |
|                              | Art Integration/Activity : Paper folding activity                         |
|                              | on number line of fractions   |
| NCERT)                       | Unit 4 23.06.2025 to 05.07.2025 (11)                                      |
|                              | Topic : Ch-3 : Data Handling  |
| ng                           | Learning Outcomes :   |
| ications)                    | Students would be able to explore :                                       |
|                              | <ul> <li>Collection and organisation of data</li> </ul>                   |
| s enjoyable fo               | Mean, median and mode of ungrouped data                                   |
|                              | Art Integration/Activity : Representation of data                         |
| nematical skills             | on graph paper.   |
|                              | Unit 5 07.07.2025 to 18.07.2025 (10)                                      |
| skills of the                |   |
|                              | Learning Outcomes : To enhance the knowledge                              |
| and develop a                |   |
|                              | learners understand the concept of equality,                              |
| cal language                 |   |
| nulas.                       | numbers from one side of the equation to the                              |
| elop a bette                 |   |
| preciating the               |   |
| 0.25 (11)                    | Topic : Ch-5 : Lines and Angles   |
| 025 (11)                     |   |
| the learner                  | Students would be able to explore :                                       |
| e the learners<br>fundamenta | v i and di angled   |
| properties.                  |   |
| that addition is             | Properties of parallel lines with transversal                             |
| per cutting and              | , it integration, totally i to voiny by paper                             |
| per cutting and              |   |
| 025 (11)                     | lines is cut by a transversal, then the pair of                           |
| d.)                          |   |
|                              | b) Corresponding angles are equal<br>Unit 7 04.08.2025 to 22.08.2025 (14) |
| Decimals                     |   |
| Doomais                      | <b>Topic</b> : Ch-5 : Lines and Angles (contd.)                           |

|   |  | CLASS VII   |
|---|--|---|
| Ch-6 : The Triangles and its<br>Properties (Introduction)<br>Learning Outcomes :<br>Students would be able to explore :<br>Median and altitudes of a triangle<br>Angle sum property of a triangle<br>Exterior angle property of a triangle<br>Art Integration/Activity : To verify experimentally<br>that the sum of the three angles of a triangle is<br>180 degree.<br>Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)<br>Topic : Ch-6 : The Triangles and its<br>Properties<br>Revision for Half Yearly Examination<br>Learning Outcomes :<br>Students would be able to explore :<br>Triangle inequality property<br>Pythagoras theorem<br>Art Integration/Activity :<br>Pythagoras Property<br>Explanation Model<br>Unit 9 03.10.2025 to 17.10.2025 (11)<br>Topic : Ch-7 : Comparing Quantities<br>Learning Outcomes : Students would be able to<br>explore ratio and proportions<br>Unitary method<br>Percentage<br>Conversion of fractions, decimals and ratios<br>into percentage and vice versa<br>Art Integration/Activity : Bill book to understand<br>the concept of Simple Interest.<br>Unit 10 24.10.2025 to 07.11.2025 (11)<br>Topic : Ch-8 : Rational Numbers<br>Learning Outcomes : Students would be able to :<br>understand the rational numbers.<br>insert rational numbers between two rational<br>numbers<br>plot rational numbers on number line. | <ul> <li>Art Integration/Activity : Plotting rational numbers on a number line.</li> <li>Unit 11 10.11.2025 to 21.11.2025 (11)</li> <li>Topic : Ch-9 : Perimeter and Area (Finding perimeter and area of triangles and circles)</li> <li>Learning Outcomes :</li> <li>Students would be able to explore : <ul> <li>Perimeter of 2D figures</li> <li>Idea of Pi and circumference of circle</li> <li>Area of square, rectangle, triangle, parallelogram circle</li> <li>Area between 2 rectangles and 2 concentric circles.</li> </ul> </li> <li>Art Integration/Activity : To find the relation between diameter and circumference of a circle</li> <li>Unit 12 24.11.2025 to 05.12.2025 (11)</li> <li>Topic : Ch-10 : Algebraic Expressions</li> <li>Learning Outcomes : Students would be able to explore the possible combinations of variables and constants using different operations to form Algebraic Expressions in various contexts.</li> <li>Art Integration/Activity : Activity showing different algebraic expressions by paper cutting and pasting method.</li> <li>Unit 13 08.12.2025 to 26.12.2025 (14)</li> <li>Topic : Ch-11 Exponents and Powers</li> <li>Learning Outcomes : Students would be able to : <ul> <li>Use exponents to express small as well as large numbers</li> <li>State the laws of exponents</li> <li>Express large numbers in scientific notation Art Integration/Activity : Study of data about solar system and write their distances and diameters in standard form using tabular form of representing data</li> </ul> </li> </ul> | <ul> <li>Unit 14 08.01.2026 to 31.01.2026 (17)</li> <li>Topic : Ch-12 : Symmetry</li> <li>Learning Outcomes : Students would be able to :</li> <li>Name and recognize the three different types of symmetry-reflection, rotational and point.</li> <li>Identify a shapes line of symmetry.</li> <li>Identify a shapes order of rotation.</li> <li>Art Integration/Activity : Identifying symmetry in objects and patterns</li> <li>Unit 15 &amp; Rev. 02.02.2026 to 12.02.2026 (11)</li> <li>Topic : Ch 13 : Visualising Solid Shapes Revision for Annual Examination</li> <li>Learning Outcomes : Students would be able to :</li> <li>Make drawings of 3D figures in 2D showing hidden faces</li> <li>Visualise solids by making sections / slicing.</li> <li>Build nets for 3-d shapes</li> <li>Visualise solids through certain angles to get different views.</li> <li>Visualise solids through shadows.</li> <li>Find number of Faces, Edges and Vertices in the given shapes.</li> <li>Art Integration/Activity : Making of solid shapes and its nets by using waste material, card board etc.</li> <li>ASSESSMENT SCHEDULE :</li> <li>Multiple Asst1 07.04.2025 to 09.05.2025</li> <li>Topic : Ch-1 : Integers</li> <li>Periodic Asst1 05.07.2025 to 11.07.2025</li> <li>Topic : Ch-1 : Integers</li> <li>Ch-3 : Data Handling</li> <li>Half Yearly Exams 15.09.2025 to 29.09.2025</li> <li>Topic : Ch-1, 2, 3, 4, 5, 6</li> <li>Multiple Asst2 06.10.2025 to 14.11.2025</li> <li>Topic : Ch-6 : Triangle and its properties Ch-7 : Comparing Quantities</li> </ul> |

|   |  | CLASS VII   |
|---|--|---|
| Periodic Asst208.12.2025 to 15.12.2025Topic:Ch-7 : Comparing Quantities<br>Ch-8 : Rational NumbersAnnual Exams13.02.2026 onwards (Tenta.)Topic:Ch-1 to 13 | <ul> <li>To make students understand applications<br/>of basic scientific principles to solve problems<br/>related to daily life.</li> <li>To develop an attitude which would equip<br/>them to continue science and technology</li> </ul> | <ul> <li>to seek answers to queries e.g. how symbiotic relationships help plants to obtain nutrients</li> <li>describe how heterotrophic plants obtain nutrients</li> <li>Unit 4 23.06.2025 to 05.07.2025 (11)</li> </ul> |
| SCIENCE   | education throughout their life.           Unit 1         02.04.2025 to 19.04.2025         (11)           Topic         : Ch-11 Light  | Topic: Ch-2 Nutrition in AnimalArt Integration : Draw and label human<br>digestive system   |
| Prescribed Book : Science Text Book   | Art Integration : Model of Newton DiscActivity: To study reflection and image  | Activity : To study human digestive system<br>Learning Outcomes : Students will be able to  |
| Publication : NCERT   | formation  | applies learning of scientific concepts in how the  |
| <ul> <li>General Objectives :</li> <li>To develop understanding of some basic principles and laws of science.</li> </ul>                                  | Learning Outcomes : Students will be able to :<br>• Enjoy interesting trivia related to spherical  | food is consumed, and how the body utilizes the food  |
| <ul> <li>To familiarize the learners with life processes,<br/>health and wellness, nutrition and human</li> </ul>   | mirrors (concave and convex) and plane mirror, optics, sunlight.   | Unit 5         07.07.2025 to 18.07.2025         (10)           Topic         : Ch-3 Heat  |
| diseases.   | • Understand the differences between mirrors   | Art Integration : Poster on sea and land breeze   |
| <ul> <li>To provide scientific and technological literacy<br/>to the learners.</li> </ul>   | <ul><li>and lenses.</li><li>constructs models using materials from</li></ul>   | Activity : Noting temperature using lab<br>thermometer  |
| <ul> <li>To understand the processes that underline scientific principles.</li> </ul>   | <ul><li>surroundings and</li><li>explains their working, e.g. newton disc</li></ul>  | Learning Outcomes : Students will be able to<br>understands the effects of heat on an object are  |
| <ul> <li>To make learners capable of applying basic</li> </ul>  | Unit 2         21.04.2025 to 03.05.2025         (11)           Topic         : Ch-10 Electric current and its effect   | different methods of heat transferUnit 621.07.2025 to 02.08.2025(11)  |
| scientific principles.  | Art Integration : Diagram of Electric bell   | <b>Topic</b> : Ch-4 Acid, bases and salt  |
| <ul> <li>To develop problem solving and decision making skills.</li> </ul>  | Activity : Making simple circuits by using   | Art Integration : Flow Chart  |
| <ul> <li>To develop an attitude which would equip</li> </ul>  | wire, bulb and key.  | Activity : To identify chemical nature of   |
| them to continue science and technology   | Learning Outcomes : Students will be able to :   | household liquids using indicator   |
| education throughout life.  | • differentiates materials such as electrical  | Learning Outcomes : Students will be able to :  |
| Specific Objectives : To enable students to :   | <ul><li>conductors and insulators</li><li>constructs models using materials from</li></ul>   | To identify acid and bases with the help of indicators  |
| <ul> <li>explore surroundings (e.g. field trip for some</li> </ul>  | surroundings and   | Uses of neutralization in day to day life   |
| <ul> <li>concepts such as getting to know plants)</li> <li>record observations about nutrients present</li> </ul>   | explains their working, e.g. electric bell   | Unit 7 04.08.2025 to 22.08.2025 (14)  |
| in food items, and draw inference   | Unit 3 05.05.2025 to 16.05.2025 (09)   | Topic : Ch-5 Physical and chemical  |
| • to enable students to present information in  | <b>Topic</b> : Ch-1 Nutrition in plants  | changes   |
| tabular form (waste water treatment process)  | Art Integration :  | Art Integration : Demonstration of some Physical  |
| <ul> <li>perform experiments based on concepts</li> </ul>   | <ul><li>Identifying ingredients in different food items.</li><li>Preparing a chart on modes of nutrition in plants</li></ul>   | changes with paper cutting Activity : Displacement reaction   |
| <ul><li>such as principles of light.</li><li>demonstrate values imbibed by them through</li></ul>   | Activity : Test of starch  | Learning Outcomes : Students will be able to  |
| the topic.  | Learning Outcomes : Students will be able to :   | applies learning of simple investigations to seek   |
|   |  |   |

| answers to queries, e.g., Can all physical<br>changes be reverse<br>Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)<br>Topic : Revision<br>Unit 9 03.10.2025 to 17.10.2025 (11)<br>Topic : Ch-9 Motion and time<br>Art Integration : Making graph of uniform and<br>non-uniform motion | <ul> <li>Cutting section of ovary to observe ovules         Activity : Cutting section of ovary to observe ovules     </li> <li>Learning Outcomes : Students will be able to :         <ul> <li>know the different types of asexual modes of reproduction in plants</li> <li>Identifies the parts of the flower             <li>Unit 13 08.12.2025 to 26.12.2025 (14)</li> </li></ul> </li> </ul> | Ch-Electric current and its effect<br>Half Yearly Exams 15.09.2025 to 29.09.2025<br>Topic : Ch-1, 2, 3, 4, 5, 10, 11<br>Subject Enrichment Activity :<br>• Chapter-Physical & chemical reaction<br>Perform a simple physical and simple<br>chemical reaction demonstration and |
|--|---|--|
| Activity : Observing the periodic motion in  | Topic         : Ch-13 Waste water story   | classifying into useful and harmful reaction.<br><b>Project Work :</b> Ch-Electric Current & its Effects   |
| <ul> <li>hands of a clock/watch</li> <li>Learning Outcomes : Students will be able to :</li> <li>measures physical quantities and expresses<br/>in SI units, e.g., speed</li> <li>identification and discrimination of various<br/>types of motion</li> </ul>                      | <ul> <li>Art Integration :</li> <li>Slogan writing on water conservation</li> <li>Activity : Group discussion on better<br/>housekeeping practices</li> <li>Learning Outcomes : Students will be able to<br/>know the different steps of waste water</li> </ul>   | <ol> <li>Making of simple circuit using different<br/>components like switch, battery, bulb, wire<br/>etc.</li> <li>Making of simple Electromagnet to<br/>demonstrate the magnetic effect of electric<br/>current.</li> </ol>  |
| Unit 10 24.10.2025 to 07.11.2025 (11)  | treatment plant   | Multiple Asst2 06.10.2025 to 14.11.2025  |
| Topic         : Ch-6 Respiration in organism   | Unit 14 08.01.2026 to 31.01.2026 (17)<br>Topic : Ch-12 Forest-our lifeline  | Topic : Ch-Forest  |
| Art Integration : Model of lungs for breathing<br>mechanism  | Topic : Ch-12 Forest-our lifeline<br>Art Integration : Depiction of food chain  | Ch-Respiration in organism Activity :  |
| Activity: PPT on cellular respirationLearning Outcomes: Students will be able to<br>explain the function of the respiratory system<br>describe process of respirationUnit 1110.11.2025 to 21.11.2025(11)   | <ul> <li>Activity : Skit on conservation of forest</li> <li>Learning Outcomes : Students will be able to :</li> <li>know the various uses of forest</li> <li>know about food chain</li> <li>learn various layers of forest</li> </ul>   | <ul> <li>Topic : Ch-Respiration in organism : Model of a<br/>Respiratory system to showing inhalation and<br/>exhalation process.</li> <li>Viva : Ch-Forest<br/>Ch-Respiration in organism</li> </ul>  |
| Topic : Ch-7 Transportation in animals<br>and plants   | Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)<br>Topic : Revision  | Class Test : Questionnaire :<br>• Competency based questions HOTS  |
| Art Integration : To study excretory system in human beings  | ASSESSMENT SCHEDULE :<br>Multiple Asst1 07.04.2025 to 09.05.2025<br>Topic : Ch-Light  | <ul> <li>Assertion Reasoning Questions</li> <li>Periodic Asst2 08.12.2025 to 15.12.2025</li> </ul>   |
| Activity : Construct a model of a stethoscope<br>with the materials that are available<br>around us  | Activity :<br>• Topic : Ch-Light : Students will perform an   | Topic: Ch-Transportation in animals and<br>plantsCh-Reproduction in plants   |
| Learning Outcomes : Students will be able to<br>understand the functions of the human<br>excretory system  | experiment from chapter Light during MA<br>class activity<br><b>Viva</b> : Ch-Light   | Annual Exams13.02.2026 onwards (Tenta.)Topic: Entire SyllabusSubject Enrichment Activity :   |
| Unit 12 24.11.2025 to 05.12.2025 (11)  | Class Test: Questionnaire:<br>• Competency based questions HOTS   | Chapter-Reproduction in Plants (Parts of   |
| Topic : Ch-8 Reproduction in plants  | Assertion Reasoning Questions   | Flower): Bring a flower and dissect a flower to  |
| <ul><li>Art Integration :</li><li>Diagram of flower</li></ul>  | Periodic Asst105.07.2025 to 11.07.2025Topic:Ch-Nutrition in plants  | identify its different parts (like stamen, pistil, petals, sepals) and draw diagram on A4 size   |

| sheet showing all the parts.<br>Project Work : Ch-Waste water Treatment Plant<br>(WWTP)<br>Project Description<br>Prepare a short project report on the topic<br>"Wastewater Treatment Plant (WWTP)",<br>explaining its functioning and significance in<br>managing water pollution.<br><b>SOCIAL SCIENCE</b><br>Prescribed Book : NCERT Text Book<br>Learning Objectives :<br>Unit 1 02.04.2025 to 19.04.2025 (11)<br>Geography: Ch-1 Our Environment<br>Learning Outcomes :<br>To understand the environment in its totality<br>including various components both natural<br>and human.<br>To explain the components of natural<br>environment.<br>Art Integration :<br>Collage on "Our Environment"<br>Flowcharts<br>Unit 2 21.04.2025 to 03.05.2025 (11)<br>Civics : Ch-1 On Equality<br>Ch-2 Role of Government in Health<br>Learning Outcomes :<br>To understand the importance of the idea of<br>equality and dignity in democracy.<br>To understand how the government makes<br>decisions to improve the healthcare in India. | <ul> <li>Unit 3 05.05.2025 to 16.05.2025 (09)</li> <li>History : Ch-1 Tracing changes through a thousand years.</li> <li>Civics : Ch-2 Role of Government in Health (contd.)</li> <li>To trace the patterns of political developments and military conquests.</li> <li>To link everyday practices with the creation of inequality and question it.</li> <li>To gain a sense of the nature of decisionmaking within a state-government</li> <li>Art Integration :</li> <li>Model : Persian Wheel</li> <li>Mind map</li> <li>Unit 4 23.06.2025 to 05.07.2025 (11)</li> <li>Geography: Ch-2 Inside Our Earth</li> <li>History : Ch-2 Kings and Kingdoms</li> <li>Learning Outcomes :</li> <li>To know the different layers of the Earth.</li> <li>To trace the political history from 7<sup>th</sup> and 12<sup>th</sup> centuries</li> <li>Art Integration :</li> <li>Diagram of Layers of Atmosphere</li> <li>Clay Modelling : To show the interior of the earth.</li> <li>Unit 5 07.07.2025 to 18.07.2025 (10)</li> <li>History : Ch-2 New Kings and Kingdoms (contd.)</li> <li>Civics : Ch-3 How the State Government Works</li> <li>Learning Outcomes :</li> <li>To understand about the administration of the</li> </ul> | <ul> <li>Art Integration : <ul> <li>Map Work</li> <li>Mock Legislature</li> </ul> </li> <li>Unit 6 21.07.2025 to 02.08.2025 (11)</li> <li>History : Ch-3 Delhi 12th to 15th century</li> <li>Civics : Ch-4-Growing up as boys and girls (Activity based)</li> <li>Learning Outcomes : <ul> <li>To outline the development of relationship amongst rulers.</li> <li>To understand that gender is a social construct and not determined by biological differences.</li> </ul> </li> <li>Art Integration : <ul> <li>Timeline on rulers of Delhi Sultanate</li> <li>Picture Pasting : Buildings built by Sultans of Delhi</li> <li>Poster making : Gender equality</li> <li>Unit 7 04.08.2025 to 22.08.2025 (14)</li> <li>Geography: Ch-3 Our Changing Earth</li> <li>History : Ch-4, The Mughals</li> <li>Learning Outcomes : <ul> <li>To understand the two types of forces acting on the earth.</li> <li>To know the various types of landforms made by internal and external forces.</li> </ul> </li> <li>To understand the achievements of Mughal rulers.</li> <li>To understand the mansabdari system and the Mughal administration.</li> </ul> </li> </ul> |
|---|---|---|
| • To understand how the government makes  | -   |   |

| संधि: (वीर्ष, यण्)गुण, अयादि, वृद्धि)रचनात्मक लेखनम्-अपठितगद्यांशम् ।रचनात्मक लेखनम्-अपठितगद्यांशम् ।शिक्षणप्रतिफल : श्लोकों के माध्यम से मानव जीवन<br>का महत्त्व वताना, परिश्रम एवं गुणों के महत्त्व को<br>समझाना, क्रोध न करते हुए सत्य के आचरण पर<br>बल देना, सुख-दुख को बराबर समझना ।शिक्षणप्रतिफल: : श्तों के माध्यम से मानव जीवन<br>समाप्त करते में पण्ठिता रमाबाई के योगदान से<br>परिचित करवाना ।उनके गुणों से अवगत कराकर उन्हें जीवन में<br>अपनाने हेतु प्रेति करना ।का महत्त्व वताना, परिश्रम एवं गुणों के महत्त्व को<br>समझाना, क्रोध न करते हुए सत्य के आचरण पर<br>बल देना, सुख-दुख को बराबर समझना ।शिक्षाकलाप: : श्तोद करताना ।आवान से<br>परिचित करवाना ।कल देना, सुख-दुख को बराबर समझना ।क्रियाकलाप: हास्यकणिका कथनम् लेखनम् च ।<br>प्रिंति करताना : पाठ: 2 दुर्बुद्धि: विन्थयति<br>व्याकरणम् : पाठ: 2 युर्बुद्धि: विनथयति<br>वाकरणम् : पाठ: 2 युर्बुद्धि: विनथयति<br>वाकरणम् : पाठ: 2 युर्बुद्धिः विनययति<br>यातकर : कथा/संवादलेखनम् ।Unit 5 07.07.2025 to 18.07.2025 (10)<br>रचिरा : पाठ: 5 कारक उपपद विभक्ति: ।<br>रचनात्मक : अग्रवरा विगयति सं मान्य<br>यातकर : कथा/संवादलेखनम् ।Int क करकर के जीवन<br>रचात्मक : अनुवाद कार्यम् ।<br>प्राति करः : उपवर विभक्ति: ।<br>रचनात्मक : अनुवाद कार्यम् ।Int क करकर के जीवन से<br>रचित करन<br>रचात्मक : अनुवाद कार्यम् ।शिक्षणप्रतिफल : बढां, सित्रों के दिहकतीरी बातों का<br>पालनक रने ते हो वेनक सुर्वा वे स्वर्का का तिरस्कार<br>पातक होता है ।<br>पातक होता है ।शिक्तकलाम् : पाठ: 5 वरावा ाण्पा ।<br>क्रिया कराकर उल्हे जीवन :<br>प्रातकलाम: : पाठ: 9 विश्वबन्युलम् ।शिक्ताकापम : पाठ: 3 रवावलम्बनम्<br>पालनक रने ते हो ते हे दे तरे हे यह छोटी सो<br>पालनक से: पां व कथनम् लेखनम् !Int का महत्त्व बतावा जाएगा ।<br>के घर मे कार्व करने हे सु के वर्व तरे है यह छोटे सो<br>किया कराकर : चां : पाठ: 9 विश्वबन्युलम् !शिक्ताकलापम : साठ: 3 रवावलम्बनम्<br>पालनक होता है  |   |  | CLASS VII  |
|--|---|--|--|
| संधिः (दौर्घ, यण्)<br>रखनात्मक लेखनम्-अपदितगद्यांग्रम् ।<br>एवनात्मक लेखनम्-अपदितगद्यांग्रम् ।<br>शिक्षणप्रतिफलः : शलोको के माध्यम से मानव जीवन<br>का महत्त्व बताना, परिश्रम एवं गुणों के महत्त्व को<br>समझाना, क्रोध न करते हुए सत्य के आचरण पर<br>बल देना, सुख-नुख को बराबर समझना ।<br>शिक्षणप्रतिफलः : शलोकगायनम्<br>Unit 2 21.04.2025 to 03.05.2025 (11)<br>रिविया : पाठः : 2 ज़बदेषाणि संज्ञा, सर्वनाम<br>रावनत्पमः : एताठे : 2 युबुद्धिः वित्रश्यति<br>पालनक तेसे जे वित्तम, सर्वनाम<br>रावनत्पमः : पाठः : 2 युबुद्धिः वित्रश्यति<br>याकरणम् : पाठः : 2 युबुद्धिः वित्रश्यति<br>याकरणम् : पाठः : 2 ज्ववदेषाणि संज्ञा, सर्वनाम<br>रावनत्पकः : कथा/संवादलेखनम् ।<br>शिक्षणप्रतिफलः : बातिकाओं को शिक्षित करव-<br>प्रात्मक : अनुवाद कार्यम् ।<br>Unit 5 07.07.2025 to 18.07.2025 (10)<br>रुचिरा : पाठः : 5 कारक उपपद विभक्तिः ।<br>याकरणम् : पाठः : 2 ज्ववदेषाणि संज्ञा, सर्वनमा<br>रावनत्मकः : कथा/संवादलेखनम् ।<br>शिक्षणप्रतिफलः : बातिकाओं को शिक्षित करव-<br>प्रात्मक देत्व से करवन्त्र हे । कम उम्र की बातीका<br>पालनक रनेसे जे वित्तम, खातां ता<br>पालनक रनेसे जे वित्तम, खातां का<br>रावनत्याक होता है ।<br>Shatancmu: : संवाद कथवमम्<br>यातकरणम् : पाठः : 3 धातुरुपाणि कारकाः च ।<br>रावनतत्मकः : चित्र वर्णनम् ।<br>शिक्षणप्रतिफलः : पाठः अवात्मवाम् म्<br>यातकरणम् : पाठः : 3 धातुरुपाणि कारकाः च ।<br>रावनतत्मकः : चित्र वर्णनम् ।<br>शिक्षणप्रतिफलः : पाठः अवात्मवमम्<br>व्याकरणम् : पाठः : 3 धातुरुपाणि कारकाः च ।<br>रावनतत्मकः : चित्र वर्णनम् ।<br>शिक्षणप्रतिफलः : पाधींग मनुष्ध कभी सुखी नहीं रह<br>सकता है तथा आत्मनिर्भतत्ता स्वाभिमान जगाती है<br>कच्यो से बवाब का श्रेष्ठ पात्मा र जुनुछेव लेखनम् । सांचायाः<br>पात्भा का कत्त्व बताया जाएगा । लक्ष्य प्रात्मि हेतु कठिन<br>परिश्रम का कत्त्व वताया जाएगा । लक्ष्य प्राति हेतु कठिन<br>सकता है तथा आत्मनिर्भतत्ता स्वाभिमान जगाती है<br>कच्यो से बचात का श्रेष्ठ है । ममववर्या लेखनम् ।<br>पात्भा का कत्त्व बताया जाएगा । लक्ष्य प्राति हेतु कठिन<br>परिश्रम का कतत्व्व वताया जाएगा । लक्ष्य प्रात्वकलापः भा वित्तच्यां तेष्वनम् ।<br>शिक्षणप्रतिफलः : पाठः 11 समवयाहित्जम् ।<br>याकरणम् : पाठः 10 समयलेखनम् । | रुचिरा : पाठ: 1 सुभाषितानि  | रुचिरा : पाठः 4 पण्डिता रमाबाई   |  |
| रघनात्मक लेखनम्-अर्घाठतगद्याग्न ।<br>गिश्नणप्रतिफल : श्लोकों के माध्यम से मानव जीवन<br>का महत्त्व बताना, परिश्रम एवं गुणों के महत्त्व को<br>समझाना, क्रोध न करते हुए सत्य के आचरण पर<br>बल देना, सुख-दुख को बराबर समझना ।<br>कियाकलाप: : श्लोकगायनम्<br>Unit 2 21.04.2025 to 03.05.2025 (11)<br>कचिंग : पाठ: 2 र बुर्बुद्धिः विनग्रयति<br>प्राया करगे में पण्डिता कथनम् लेखनम् च ।<br>Unit 5 07.07.2025 to 18.07.2025 (10)<br>रुचिंग : पाठ: 2 र बुर्बुद्धिः विनग्रयति<br>व्याकरणम् : पाठ: 2 र बुर्बुद्धिः विनग्रयति<br>त्याकराणम् : पाठ: 2 र बुर्बुद्धिः विनग्रयति<br>प्रातानक : कथा/ संवादलेखनम् ।<br>शिक्षणप्रतिफल : बढों, सित्रों को हितकारी बातों का<br>पालनक रनेस जे विनस, खीव से मुद्धहोताहैं।<br>शावक होता है ।<br>Nint 3 05.05.2025 (16.05.2025 (09)<br>रुचिंग : पाठ: 3 अत्वालाधनम् ।<br>Nint 3 05.05.2025 (16.05.2025 (09)<br>रुचिंग : पाठ: 4 खावलाखनम्<br>खाकरणम् : पाठ: 3 वालात्म्यागि कारकाः च ।<br>एवनात्मक : अपठितगद्यांग्रम् ।<br>शिक्षणप्रतिफल : संतब्द तवाया जाएगा ।<br>कियाकलापः : संबाद कथनम्<br>धालक होता है ।<br>Nint 3 05.05.2025 (16.05.2025 (09)<br>रुचिंग : पाठ: 3 वालात्म्याणि कारकाः च ।<br>एवनात्मक : बित्र वर्णनम् ।<br>Nit 3 05.05.2025 (16.05.2025 (09)<br>रुचिंग : पाठ: 3 वालात्म्याणि कारकाः च ।<br>एवनात्मक : बित्र वर्णनम् ।<br>शिक्षणप्रतिफल : संतब्द वताया जाएगा ।<br>कियाकलापः : सार्व्ड वर्णनम् ।<br>शिक्षणप्रतिफल : संतब्द वताया जाएगा ।<br>कियाकलापः : सार्व्ड वताना ।<br>शिक्षणप्रतिफल : पार्व्ड ने सित्र है वह करेता है वह करेता है वह करेता सै यह छोते सोच्<br>कच्चो सं बचाव का श्रेछ मार्ग यही है ।<br>Nit 7 04.08.2025 to 20.08.2025 (14)<br>क्याकरणम् : पाठ: 10 समयतोवित्र्जम् ।<br>याकरणम् : पाठ: 10 समयतोखनम् ।   | संधिः (दीर्घ, यण्)  |  | शिक्षणप्रतिफल : भारतीय राष्ट्रध्वज के तीनों रंगो एवं<br>उनके गणों से अवगत कराकर उन्हें जीवन में  |
| त्याकरणम् : पाठ: 3 धातुरुपाणि कारकाः च ।<br>रचनात्मक : चित्र वर्णनम् ।<br>रचनात्मक : चित्र वर्णनम् ।<br>शिक्षणप्रतिफल : संकल्प तथा संकल्प प्राप्ति हेतु कठिन<br>परिश्रम का महत्त्व बताया जाएगा । लक्ष्य प्राप्ति के<br>परिश्रम का महत्त्व बताया जाएगा । लक्ष्य प्राप्ति के<br>मार्ग में निराशा का कोई स्थान नहीं होना चाहिए ।<br>सकता है तथा आत्मनिर्भरता स्वाभिमान जगाती है<br>कष्टों से बचाव का श्रेष्ठ मार्ग यही है ।<br>Unit 7 04.08.2025 to 22.08.2025 (14)   | <ul> <li>रचनात्मक लेखनम्-अपठितगद्यांशम् ।</li> <li>शिक्षणप्रतिफल : श्लोकों के माध्यम से मानव जीवन<br/>का महत्त्व बताना, परिश्रम एवं गुणों के महत्त्व को<br/>समझाना, क्रोध न करते हुए सत्य के आचरण पर<br/>बल देना, सुख-दुख को बराबर समझना ।</li> <li>क्रियाकलापः : श्लोकगायनम्</li> <li>Unit 2 21.04.2025 to 03.05.2025 (11)</li> <li>रुचिरा : पाठ: 2 दुर्बुद्धिः विनश्यति<br/>व्याकरणम् : पाठ: 2 राब्दरुपाणि संज्ञा, सर्वनाम<br/>रचनात्मक : कथा/संवादलेखनम् ।</li> <li>शिक्षणप्रतिफल : बडों, मित्रों की हितकारी बातों का<br/>पालनक रनेस`ज विनस ुखीव स मृद्धह तेताह<sup>*</sup>।<br/>आत्ममुग्धता और मित्रों के सद्बचनों का तिरस्कार<br/>घातक होता है ।</li> <li>क्रियाकलापः : संवाद कथनम्</li> </ul> | <ul> <li>रचनात्मक : अनुवाद ।</li> <li>शिक्षणप्रतिफल: स् त्रीशिक्षाए वंअ न्यक ुरीतियोंक ो<br/>समाप्त करने में पण्डिता रमाबाई के योगदान से<br/>परिचित करवाना ।</li> <li>क्रियाकलाप: हास्यकणिका कथनम् लेखनम् च ।</li> <li>प्रिति करवाना ।</li> <li>क्रियाकलाप: हास्यकणिका कथनम् लेखनम् च ।</li> <li>Unit 5 07.07.2025 to 18.07.2025 (10)</li> <li>रुचिरा : पाठ: 5 सदाचार</li> <li>व्याकरणम् : पाठ: 5 कारक उपपद विभक्ति: ।</li> <li>रचनात्मक : अनुवाद कार्यम् ।</li> <li>शिक्षणप्रतिफल : आलस्य के दुष्परिणाम एवं परिश्रम,<br/>समयप ालनत थास त्यए वं प्रियक थनस दाचार<br/>आदि का महत्त्व बताया जाएगा ।</li> <li>क्रियाकलाप: वाक्यरचना, रमाबाई ।</li> <li>Unit 6 21.07.2025 to 02.08.2025 (11)</li> <li>रुचिरा : पाठ: 6 संकल्प: सिद्धिदायक: ।</li> </ul> | उनके गुणों से अवगत कराकर उन्हें जीवन में<br>अपनाने हेतु प्रेरित करना ।<br>क्रियाकलापः : पितरे प्रति पत्रम् ।<br>Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)<br>रुचिरा : पाठः 8 अहमपि विद्यालयं गमिष्यामि<br>व्याकरणम् : पाठः 8 अहमपि विद्यालयं गमिष्यामि<br>व्याकरणम् : पाठः 8 अव्ययाः<br>रचनात्मक-पत्रलेखनम् ।<br>शिक्षणप्रतिफल : बालिकाओं को शिक्षित करना<br>आवश्यक है । कम उम्र की बालिकाओं को किसी<br>के घर में कार्य करने हेतु भेजना अपराध है ।<br>क्रियाकलापः : राष्ट्रध्वजः सचित्र वाक्यरचना ।<br>Unit 9 03.10.2025 to 17.10.2025 (11)<br>रुचिरा : पाठः 9 विश्वबन्धुत्वम् ।<br>व्याकरणम् : पाठः 9 संख्या (1-50) |
|  | व्याकरणम् : पाठ: 3 धातुरुपाणि कारकाः च ।<br>रचनात्मक : चित्र वर्णनम् ।<br>शिक्षणप्रतिफल : पराधीन मनुष्य कभी सुखी नहीं रह<br>सकता है तथा आत्मनिर्भरता स्वाभिमान जगाती है<br>कष्टों से बचाव का श्रेष्ठ मार्ग यही है ।   | रचनात्मक : अपठितगद्यांशम् ।<br>शिक्षणप्रतिफल : संकल्प तथा संकल्प प्राप्ति हेतु कठिन<br>परिश्रम का महत्त्व बताया जाएगा । लक्ष्य प्राप्ति के<br>मार्ग में निराशा का कोई स्थान नहीं होना चाहिए ।<br>क्रियाकलाप: अनुच्छेद लेखनम् । सदाचार:<br>Unit 7 04.08.2025 to 22.08.2025 (14)   | क्रियाकलापः मम दिनचर्या लेखनम् ।<br>Unit 10 24.10.2025 to 07.11.2025 (11)<br>रुचिरा ः पाठः 11 समवायोहिदुर्जयः ।<br>व्याकरणम् ः पाठः 10 समयलेखनम् ।   |

| <ul> <li>शिक्षणप्रतिफल : एकता में ही शक्ति है । संघे शक्ति<br/>कलयुगे । के भवानुसार एकता के साथ रहना<br/>सिखाया जाएगा ।</li> <li>क्रियाकलाप: : विश्वबन्धुत्वम्, अनुच्छेदलेखनम् ।<br/>Unit 11 10.11.2025 to 21.11.2025 (11)<br/>रुचिरा : पाठ: 11 विद्या धनम् ।<br/>व्याकरणम् : पाठ 12 अशुद्धि संशोधनम्<br/>रचनात्मकलेखनम् : अनुवादस्य अभ्यास: ।</li> <li>शिक्षणप्रतिफल : विद्या के महत्त्व को बताना । जीवन<br/>के सभी संकटों का हल विद्या में ही समाहित हैं ।<br/>विद्या ही सभी सुखों को देने वाली है ।</li> <li>क्रियाकलाप: पाठाधारित अभिनय: ।</li> <li>Unit 12 24.11.2025 to 05.12.2025 (11)<br/>रुचिरा : पाठ: 12 अमृतंसंस्कृतम् ।</li> <li>व्याकरणम : पाठ धातुरुपाणि पुनरावृत्तिः</li> <li>शिक्षणप्रतिफल : भारतीय संस्कृत एवं भारतीय संस्कृति<br/>भारत की ही नही अपितु संपूर्ण विश्व की धरोहर है<br/>इसका प्रचार प्रसार हम सब का कर्त्तव्य है ।</li> <li>क्रियाकलाप: विद्याया: महत्वं विषये श्लोकरचना ।</li> <li>Unit 13 08.12.2025 to 26.12.2025 (14)<br/>रुचिरा : पाठ: 13 लालन गीतम् । (आंतमू)</li> <li>व्याकरणम् : कारक उपपदविभक्तयः पुनरावृत्तिः ।</li> </ul> | क्रियाकलापः श्लोकगायनम् ।<br>Unit 14 08.01.2026 to 31.01.2026 (17)<br>रुचिरा : पाठः 1-6 पुनरावृत्तिः ।<br>व्याकरणम् : संपूर्ण व्याकरणस्य पुनरावृत्तिः<br>रचनात्मकलेखनम्-अनुवाद अभ्यासः ।<br>शिक्षणप्रतिफल : जिज्ञासा बालपन की सहज प्रवृत्ति<br>होती है । जिज्ञासु बालक होना अच्छी बात है । हमें<br>बच्चों के प्रश्नों के सकारात्मक उत्तर देना चाहिए ।<br>क्रियाकलापः पाठाधारित अभिनयः ।<br>Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)<br>रुचिरा : पाठः 7-12 पुनरावृत्तिः ।<br>व्याकरणम् : संपूर्ण व्याकरणस्य पुनरावृत्तिः<br>रचनात्मकलेखनम्-संपूर्ण अभ्यासः ।<br>शिक्षणप्रतिफल : माँ की लोरियों का जीवन में विशेष<br>महत्त्व होता है । प्रकृति भी मातृस्वरुपा ही होती है ।<br>अतः प्रकृति का वर्णन माता के मुख से विशेष<br>आनंददायी होता है ।<br>क्रियाकलापः अभ्यासप्रश्नपत्र निर्माणम्।<br>ASSESSMENT SCHEDULE :<br>Multiple Asst1 07.04.2025 to 09.05.2025<br>रुचिरा : पाठ 1 सुभाषितानि<br>व्याकरणम् : उच्चारणस्थानानि, वर्णसंयोग विन्यासः<br>च, अनुवादः संवादः, चित्रवर्णनम् । | संवादः च<br>Half Yearly Exams 15.09.2025 to 29.09.2025<br>खण्ड क- अपठितअवबोधनम्,<br>खण्ड ख- कथालेखनम्, संवादलेखनम,<br>चित्रधारितंवर्णनम्,<br>चित्रधारितंवर्णनम्,<br>हिन्दीतः संस्कृतेअनुवादः ।<br>खण्ड ग- वर्णविचारः, संधि (स्वर), शब्दरूपाणि,<br>धातुरूपाणि, अव्ययाः, कारक-<br>उपपदविभक्ति, उपसर्गाः, प्रत्ययाः ।<br>खण्ड घ- पठितअवबोधनम् ( गद्यांश, काव्यांश,<br>नाद्यांश: ) घटनाक्रम लेखनम्,<br>प्रश्ननिर्माणम्, शब्दार्थ मेलनम् ।<br>पाठः एकतः षट् पर्यन्तम् ।<br>(करवाया गया संपूर्ण व्याकरण परीक्षा<br>में आएगा)<br>Multiple Asst2 06.10.2025 to 14.11.2025<br>रुचिरा ः पाठ त्रिवर्णः ध्वजः ।<br>व्याकरणम् : पाठ-संधिः, समयलेखनम्, चित्रवर्णनम्<br>Periodic Asst2 08.12.2025 to 15.12.2025<br>रुचिरा ः पाठ 8 अहमपि विद्यालयं गमिष्यामि<br>पाठ 9 विश्वबन्धुत्वम् |
|---|---|---|
| Unit 13 08.12.2025 to 26.12.2025 (14)   | Multiple Asst1 07.04.2025 to 09.05.2025   | Periodic Asst2 08.12.2025 to 15.12.2025   |
| रुचिरा : पाठ: 13 लालन गीतम् । (आंतमू)   | रुचिरा : पाठ 1 सुभाषितानि   | रुचिरा : पाठ 8 अहमपि विद्यालयं गमिष्यामि  |
| व्याकरणम् : कारक उपपदविभक्तयः पुनरावृत्ति: ।  | व्याकरणम् : उच्चारणस्थानानि, वर्णसंयोग विन्यासः   | पाठ 9 विश्वबन्धुत्वम्   |

| :   | वर्णविचारः, संधि (स्वर) शब्दरूपाणि,<br>धातुरुपाणि अव्ययाः, कारक-उपपद<br>विभीक्ति, उपसर्गाः, प्रत्ययाः,<br>संख्यालेखनम्, समयलेखनम्, अशुद्धि  | Unit 3<br>Topic<br>Activity<br>Unit 4   | <ul> <li>05.05.2025 to 16.05.2025 (09)</li> <li>: Krita - Image Editing</li> <li>: Insert an image of your school in Krita workspace, then merge and crop the image using tools.</li> <li>23.06.2025 to 05.07.2025 (11)</li> </ul>  | Unit 12<br>Topic<br>Activity<br>Unit 13  | becomes smarter than human.<br>24.11.2025 to 05.12.2025 (11)<br>: Smart Living<br>: Poster on smart home/smart<br>school/smart city<br>08.12.2025 to 26.12.2025 (14)  |
|---|---|---|---|--|---|
| खण्ड घ-   | संशोधनम् ।<br>पठितअवबोधनम् ( गद्यांशः, काव्यांशः,<br>नाट्यांशः) घटनाक्रम लेखनम्,  | Topic<br>Activity<br>Unit 5   | <ul> <li>Advance Features of Excel 2016</li> <li>In excel input your weekly saving<br/>and expenses. Apply sorting and<br/>conditional formatting</li> <li>07.07.2025 to 18.07.2025 (10)</li> </ul>   | Topic<br>Activity<br>Unit 14   | <ul> <li>Fields where Robots are used</li> <li>Explore Google art and culture projects and submit report on any one topic.</li> <li>08.01.2026 to 31.01.2026 (17)</li> </ul>  |
| r   | प्रश्ननिर्माणम्, शब्दार्थ मेलनम् ।<br>पाठः एकतः द्वादश पर्यन्तम् ।<br>(करवाया गया संपूर्ण व्याकरण परीक्षा   | Topic<br>Activity   | <ul> <li>Algorithmic Intelligence</li> <li>Draw flow chart conditional<br/>statement-if age greater then 18<br/>point eligible to vote else not<br/>eligible.</li> </ul>  | Topic<br>Activity<br>Unit 15 &<br>Topic  | <ul> <li>App Development</li> <li>Try to make an app for quiz</li> <li>Rev. 02.02.2026 to 12.02.2026 (11)</li> <li>Revision</li> </ul>  |
|   | में आएगा )<br>MPUTER SCIENCE  | Unit 6<br>Topic<br>Activity   | <ul> <li>21.07.2025 to 02.08.2025 (11)</li> <li>More on Make Code Arcade</li> <li>Create a program to check if a number is divisible by 4 or 5 or by</li> </ul>   | Prescribe  | NERAL KNOWLEDGE<br>d Book : New General Knowledge<br>Cordova Publications)  |
| Publication<br>Learning Ou<br>♦ Digital an<br>♦ Able to<br>coding<br>♦ Visualize<br>♦ Concept<br>Unit 1<br>Topic<br>Activity<br>Unit 2<br>Topic | nd cyber literacy<br>learn computational thinking and<br>e data using relevant graphs<br>s of Al and robotics<br>02.04.2025 to 19.04.2025 (11)<br>: App Development<br>: Try to make an app which solve<br>your math problems.<br>21.04.2025 to 03.05.2025 (11)<br>: Krita - Image Editing<br>: Insert an image of your school in | Topic<br>Activity<br>Unit 9<br>Topic<br>Activity<br>Unit 10<br>Topic<br>Activity<br>Unit 11 | both 4 and 5<br>04.08.2025 to 22.08.2025 (14)<br>: More on Python<br>: Python Programs<br>ev. 25.08.2025 to 12.09.2025 (15)<br>: More on Python and Revision<br>: Python Programs<br>03.10.2025 to 17.10.2025 (11)<br>: Humans and Machines<br>: Make a presentation on future of<br>Human-Machine interaction<br>24.10.2025 to 07.11.2025 (11)<br>: Humans and Machines<br>: Make a presentation on future of<br>Human-Machine interaction<br>10.11.2025 to 21.11.2025 (11)<br>: Types of Al | <ul> <li>To dev</li> <li>To dev</li> <li>To he reason</li> <li>Harmo person</li> <li>To ser and m</li> <li>To dev</li> <li>To bui</li> <li>To bui</li> <li>To bui</li> <li>To he value</li> <li>To kee</li> <li>To rais</li> <li>To er nation</li> </ul> | nsitize students to the need for values<br>loral.<br>velop creativity and thinking skill of child.<br>Id their perspective about the World.<br>ake them street-smart and helps them<br>vell informed decisions.<br>ep them updated.<br>se aware about the World around them.<br>nhance their knowledge of various<br>al and international events. |
|   | Krita workspace, then merge and crop the image using tools.   | Topic<br>Activity   | : Types of Al<br>: Make document if Al suddenly   |  | ich them personally and to have a better standing of World.   |

| Unit 1 02.04.2025 to 19.04.2025 (11)<br>Content : Ch 1 Must visit Places of India<br>Ch 2 Knowing Cities of the World<br>Learning Outcomes : To know about different<br>places in India and the famous cities in the<br>World. | make a collage of Olympic Stars of India.<br>Unit 5 07.07.2025 to 18.07.2025 (10)<br>Content : Ch 10 Unitology<br>Ch 11 Amazing Streets in the World<br>Ch 12 Medico Leaves<br>Learning Outcomes : To know about different             | Ch 22 Earth Day<br>Ch 23 Lost Cities in the World<br>Learning Outcomes : To know the importance of<br>Earth Day and lost cities in the World.<br>Art Integration : Fact sheet<br>Competency based Learning : Students will |
|--|--|--|
| Art Integration : Make fact cards about  | Streets in the world and medicinal plants.   | make a fact sheet on Earth Day.  |
| Monuments of India<br>Competency based Learning : Students will<br>write about the interesting facts related with<br>Monuments of India.<br>Unit 2 21.04.2025 to 03.05.2025 (11)<br>Content : Ch 3 Seven Amazing World         | <ul> <li>Art Integration : Leaf printing using medicinal plants.</li> <li>Competency based Learning : Students will create an art piece using the leaves of medicinal plants.</li> <li>Unit 6 21.07.2025 to 02.08.2025 (11)</li> </ul> | Unit 903.10.2025 to 17.10.2025(11)Content: Ch 24 The Wondrous<br>Ch 25 Recent Medical<br>Technologies<br>Ch 26 Timeless Treasure<br>Ch 27 Great Struggle   |
| Ch 4 Rarest Diseases Learning Outcomes : Knowing about superlative   | Content : Ch 13 Greenhouse Effect<br>Ch 14 Indian Handicrafts  | Learning Outcomes : To know about Medical technology and freedom struggle.   |
| and rarest diseases<br>Art Integration : Symptoms and Precautionary  | Ch 15 Poisonous Animals in the World   | Art Integration : Timeline<br>Competency based Learning : Students will  |
| Measures of Rarest Diseases  | Learning Outcomes : To know about the green-   | prepare a timeline related to Freedom  |
| <b>Competency based Learning</b> : To create an awareness amongst the symptoms and Precautionary Measures of Rarest Diseases.  | house gases and Handicrafts of India.<br><b>Art Integration :</b> Fact cards about Greenhouse<br>Gases.  | Struggle.<br>Unit 10 24.10.2025 to 07.11.2025 (11)<br>Content : Ch 28 Phrase to avoid in   |
| Unit 3 05.05.2025 to 16.05.2025 (09)<br>Content : Ch 5 Al in Real Life<br>Ch 6 Country, Capital and Currency   | <b>Competency based Learning</b> : Students will make fact cards about the Greenhouse Gases.   | Conversation<br>Ch 29 Preserved Body Parts of<br>famous Personalities  |
| Learning Outcomes : Use of Artificial Intelligence<br>and to know about Country, Capital and it's<br>Currency  | Unit 7         04.08.2025 to 22.08.2025         (14)           Content         : Ch 16 Yoga           Ch 17 We are the Best  | Ch 30 Biological Warfare<br>Learning Outcomes : To know the skill of<br>conversation and preserved parts of famous   |
| Art Integration : Application of AI in real life.<br>Competency based Learning : Students will<br>write about the application of AI in real life.  | Ch 18 Unique Hotels<br>Ch 19 Scienventions<br><b>Learning Outcomes</b> : To know about the   | personalities<br><b>Art Integration :</b> Key phrases used in<br>Communication   |
| Unit 4         23.06.2025 to 05.07.2025         (11)           Content         : Ch 7 Chara - Creators<br>Ch 8 Discovery of Penicillin         (11)  | poisnous animals and importance of Yoga<br>Art Integration : To perform different Yoga<br>Asanas   | <b>Competency based Learning</b> : To create an awareness regarding the key phrases used in Communication.   |
| Ch 9 Olympic Stars of India<br>Learning Outcomes : To know about the creators<br>and medicines.<br>Art Integration : Collage making<br>Competency based Learning : Students will   | Competency based Learning : Students will<br>perform different Yoga Asanas.<br>Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)<br>Content : Ch 20 Voyages<br>Ch 21 Jeff Bezos  | Unit 1110.11.2025 to 21.11.2025(11)Content: Ch 31 Sportsperson-struggle<br>stories<br>Ch 32 Museum of the Wold<br>Ch 33 Famous Painters  |

| <b>Learning Outcomes :</b> To know about the Sportsperson and museum of the world.                         | Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)<br>Content : Ch 44 Human made Disasters | Unit 5 07.07.2025 to 18.07.2025 (10)<br>Topic : Poster   |
|--|--|--|
| Art Integration : Role Play  | Ch 45 Co-Relation  | Unit 6 21.07.2025 to 02.08.2025 (11)                     |
| <b>Competency based Learning</b> : Role play based   | Ch 46 Sudoku   | Topic : Composition                                      |
| on Famous Sportsperson.  | Learning Outcomes : To know the importance of  | Unit 7 04.08.2025 to 22.08.2025 (14)                     |
| Unit 12 24.11.2025 to 05.12.2025 (11)  | pure water and Kindness.   | Topic : Composition                                      |
| Content : Ch 34 Mahatma Gandhi-Swachh  | Art Integration : Celebrate the blues  | Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)              |
| Bharat Abhiyan   | Competency based Learning : Students will  | <b>Topic</b> : Grading (Project)                         |
| Ch 35 Knowing Antarctica   | celebrate different genres of Music.   | Unit 9 03.10.2025 to 17.10.2025 (11)                     |
| Ch 36 Optical Illusion   | ASSESSMENT SCHEDULE :  | <b>Topic</b> : Composition                               |
| Learning Outcomes : To know the importance of  | Half Yearly Exams 15.09.2025 to 29.09.2025   | Unit 10 24.10.2025 to 07.11.2025 (11)                    |
| Swachh Bharat Abhiyan and the continent  | Content : Chapter 1 to 23<br>Annual Exams 13.02.2026 onwards (Tenta.)                | Topic : Object drawing two or three objects              |
| Antarctica.  | Content : Chapter 24 to 46   | Unit 11 10.11.2025 to 21.11.2025 (11)                    |
| Art Integration : Poster making  |  | Topic : Design   |
| Competency based Learning : To make a poster   | ART & CRAFT  | Unit 12 24.11.2025 to 05.12.2025 (11)                    |
| on Swachh Bharat Abhiyan.  |  | Topic : Knife Painting                                   |
| Unit 13 08.12.2025 to 26.12.2025 (14)  | Prescribed Books :   | Unit 13 08.12.2025 to 26.12.2025 (14)                    |
| <b>Content</b> : Ch 37 Engineering Marvels of  | Learning Objectives :  | Topic : Tree and Flower study                            |
| India  | t To help students to understand the   | Unit 14 08.01.2026 to 31.01.2026 (17)                    |
| Ch 38 Aquariums of the World   | arrangement of elements in a way that  | Topic : Sketching  |
| Ch 39 Natural Wonders  | appeals to the senses.   | Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)             |
| Learning Outcomes : To know the different  | t To develop the skills of art with the intention of                                 | <b>Topic</b> : Submission of art works for Grades        |
| Aquariums and Natural wonders of the world.  | stimulating thoughts and emotions.   | Topic . Submission of all works for Oraces               |
| Art Integration : Fact sheets  | t To develop the creativity and creative ability in                                  | MUSIC  |
| Competency based Learning : Students will  | students.  | MUSIC  |
| make a fact sheet regarding different ranks in   | t To learn the best use of waste material to   |  |
| the Army.  | make something new.  | Unit 1 01.04.2024 to 20.04.2024 (14)                     |
| Unit 14         08.01.2026 to 31.01.2026         (17)           Content         : Ch 40 Our Army Our Pride | t To make children independent in creating their own style and skills.               | Topic: Practice of Alankar, School song& Invocation Song |
| Ch 41 Drink Pure water   | Unit 1 02.04.2025 to 19.04.2025 (11)   | Unit 2 22.04.2024 to 04.05.2024 (11)                     |
| Ch 42 World Music  | <b>Topic</b> : Basic Elements of Drawing   | <b>Topic</b> : One community song (Part-1)               |
| Ch 43 Being Human  | Unit 2 21.04.2025 to 03.05.2025 (11)   | Unit 3 06.05.2024 to 17.05.2024 (10)                     |
| Learning Outcomes : To know the importance of  | Topic : Shape & Form   | <b>Topic</b> : One community song (Part-2)               |
| pure water and Kindness.   | Unit 3 05.05.2025 to 16.05.2025 (09)   | Unit 4 27.06.2024 to 12.07.2024 (14)                     |
| Art Integration : Celebrate the blues  | Topic : Use of Space   | Topic : Folk Song (Part-1)                               |
| Competency based Learning : Students will  | Unit 4 23.06.2025 to 05.07.2025 (11)   | Unit 5 15.07.2024 to 26.07.2024 (10)                     |
| celebrate different genres of Music.   | Topic : Perspective  | Topic : Folk Song (Part-2)                               |
| <b>U</b>   |  |  |

| 24      | (10) | Unit 4     | 23.06.2025 to 05.07.2025             | (11)    |            | exercise, Commands.             |           |
|---------|------|------------|--------------------------------------|---------|------------|---------------------------------|-----------|
|         |      | Торіс      | : Practice dance 1st Half            |         | Unit 2     | 21.04.2025 to 03.05.2025        | (11)      |
| 24      | (09) | Unit 5     | 07.07.2025 to 18.07.2025             | (10)    | Торіс      | : Introduction of games,        |           |
| ion     |      | Торіс      | : Practice dance 2nd Half            |         |            | Fundamental skills-Cricket,     |           |
| 2025    | (15) | Unit 6     | 21.07.2025 to 02.08.2025             | (11)    |            | Kabaddi and Lawn Tennis         |           |
|         | . ,  | Торіс      | : Garba Navratri festival 1st F      | lalf    | Unit 3     | 05.05.2025 to 16.05.2025        | (09)      |
| 25      | (11) | Unit 7     | 04.08.2025 to 22.08.2025             | (14)    | Торіс      | : Shuttle Run, Marching, Lon    | g jump    |
|         | ```  | Торіс      | : Garba Navratri festival 1st F      | lalf    |            | and Badminton                   |           |
| 25      | (11) | Unit 8 & F | Rev. 25.08.2025 to 12.09.2025        | (15)    | Unit 4     | 23.06.2025 to 05.07.2025        | (11)      |
| & Pract | . ,  | Торіс      | : Hasta Mudra and expressio          | n from  | Торіс      | : Shuttle Run, Marching, Lon    | g jump    |
| 25      | (11) |            | Natyashastra and Abhinaya            |         | -          | and Badminton                   |           |
| nge the | ()   |            | Darpan                               |         | Unit 5     | 07.07.2025 to 18.07.2025        | (10)      |
| .900    |      | Unit 9     | 03.10.2025 to 17.10.2025             | (11)    | Topic      | : Introduction of games,        |           |
| 25      | (11) | Торіс      | : Basic Steps of International       |         | -          | Fundamental skills-Cricket,     |           |
| nge the | (,   |            | Dance style                          |         |            | Kabaddi and Lawn Tennis         |           |
| ige the |      | Unit 10    | 24.10.2025 to 07.11.2025             | (11)    | Unit 6     | 21.07.2025 to 02.08.2025        | (11)      |
| 25      | (14) | Торіс      | : International Dance Steps          |         | Торіс      | : Commands- Left turn, Righ     | t turn,   |
| r Song  | (14) |            | Practice with music                  |         | -          | About turn. Track event.        |           |
| 26      | (17) | Unit 11    | 10.11.2025 to 21.11.2025             | (11)    | Unit 7     | 04.08.2025 to 22.08.2025        | (14)      |
| 20      | (17) | Торіс      | : New Year Special Dance 1s          | t Half  | Topic      | : Introduction of games, Basi   | c skills- |
| .2026   | (11) | Unit 12    | 24.11.2025 to 05.12.2025             | (11)    | -          | Football, Basketball and kh     | o-kho     |
| des     | (11) | Торіс      | : New Year Special Dance 2n          | id Half | Unit 8 & I | Rev. 25.08.2025 to 12.09.2025   | (15)      |
| 063     |      | Unit 13    | 08.12.2025 to 26.12.2025             | (14)    | Торіс      | : Physical fitness assessmen    | it,       |
|         |      | Торіс      | : New Year Special Dance             | . ,     | -          | Body composition (BMI),         |           |
|         |      | Unit 14    | 08.01.2026 to 31.01.2026             | (17)    |            | Strength, Flexibility, Speed    | and       |
|         |      | Торіс      | : Practice Dance on Saraswa          | ti      |            | Endurance                       |           |
|         |      | -          | Vandana                              |         | Unit 9     | 03.10.2025 to 17.10.2025        | (11)      |
| 25      | (11) | Unit 15 &  | Rev. 02.02.2026 to 12.02.2026        | (11)    | Торіс      | : Basic skills- Football, Baske | etball,   |
| to 2    |      | Topic      | : Practice Dance on Saraswa          | ti      | -          | Badminton, Cricket              |           |
| hu Basi | с    | -          | Vandana                              |         | Unit 10    | 24.10.2025 to 07.11.2025        | (11)      |
|         |      |            |                                      |         | Topic      | : Minor game, High jump, Ba     | Il throw  |
| 25      | (11) | PF         | <b>IYSICAL EDUCATION</b>             |         | Unit 11    | 10.11.2025 to 21.11.2025        | (11)      |
| to 4    |      |            | ITOICAE EDUCATION                    |         | Торіс      | : Inter class practice match    | . ,       |
| Dance E | Bihu | Prescribe  | d Dook                               |         | Unit 12    | 24.11.2025 to 05.12.2025        | (11)      |
|         |      | Unit 1     | a Book :<br>02.04.2025 to 19.04.2025 | (44)    | Торіс      | : Inter section matches and     | . /       |
| 25      | (09) |            |                                      | (11)    | •          | selection for Inter school      |           |
| Dance B | • •  | Торіс      | : Introduction to physical edu       |         | Unit 13    | 08.12.2025 to 26.12.2025        | (14)      |
|         |      |            | Warming up, Jogging, Walk            | ing,    | Торіс      | : Athletics, Track event, Field | • •       |
|         |      |            | Jumping, Free movement               |         |            |                                 |           |

| Topic<br>Unit 7  | : Patriotic Song<br>12.08.2024 to 23.08.2024            | (09)  |
|------------------|---|-------|
| Topic            | : Swar & Rag-Introduction                               | (09)  |
| -                | Rev. 25.08.2025 to 12.09.2025                           | (15)  |
| Topic            | : Teacher's Day Song                                    | (10)  |
| Unit 9           | 03.10.2025 to 17.10.2025                                | (11)  |
| Торіс            | : Diwali Song   | ()    |
| Unit 10          | 24.10.2025 to 07.11.2025                                | (11)  |
| Торіс            | : One Taal Introduction & Pract                         | • •   |
| Unit 11          | 10.11.2025 to 21.11.2025                                | (11)  |
| Торіс            | : Together we can Change the                            |       |
|                  | World (Part-1)  |       |
| Unit 12          | 24.11.2025 to 05.12.2025                                | (11)  |
| Торіс            | : Together we can Change the                            |       |
| 11               | World (Part-2)  | (4.4) |
| Unit 13          | 08.12.2025 to 26.12.2025                                | (14)  |
| Topic<br>Unit 14 | : Christmas & New Year Song<br>08.01.2026 to 31.01.2026 | (47)  |
| Topic            | : Patriotic Song  | (17)  |
| •                | Rev. 02.02.2026 to 12.02.2026                           | (11)  |
| Topic            | : Song Revision & Grades                                | (11)  |
| Topic            | . Cong revision & Grades                                |       |
|                  | DANCE   |       |

#### Prescribed Book :

| 1100011800 | 2 Doort                          |
|------------|----------------------------------|
| Unit 1     | 02.04.2025 to 19.04.2025 (11)    |
| Торіс      | : Odissi dance steps 1 to 2      |
|            | Assam Folk Dance Bihu Basic      |
|            | Steps                            |
| Unit 2     | 21.04.2025 to 03.05.2025 (11)    |
| Торіс      | : Odissi dance steps 3 to 4      |
|            | Practice Assam Folk Dance Bihu   |
|            | dance with song                  |
| Unit 3     | 05.05.2025 to 16.05.2025 (09)    |
| Торіс      | : Practice Assam Folk Dance Bihu |
|            | dance with song                  |
|            |                                  |

|  |  | CLASS VII   |
|--|--|---|
| Unit 14         08.01.2026 to 31.01.2026         (17)           Topic         : Commands- Left turn, Right turn, About turn. Track event.           Unit 15 & Rev. 02.02.2026 to 12.02.2026         (11) | <ol> <li>Decision-Making and Critical Thinking : To<br/>enable students to make ethical decisions and<br/>solve problems wisely.</li> <li>Environmental Awareness : To create a</li> </ol> | National Symbol of your choice &<br>write 5 lines about it.)<br>• Get the class to define respect<br>Unit 7 04.08.2025 to 22.08.2025 (14) |
| <b>Topic</b> : Physical fitness assessment Test  | sense responsibility towards nature and  | Content : Freedom   |
| Topic . Physical indess assessment lest  | sustainable living.  | Activity : Make a list of for the need to   |
|  | 8. Discipline and Self-Control : To foster self-   | monitor freedom.  |
| VALUE EDUCATION  | discipline, patience, and the ability to make  | Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)   |
|  | the right choices in life.   | Content : Freedom   |
| General Objectives :   | These objectives aim to shape individuals into   | Activity : Debate on freedom is best for  |
| Building values is an integral factor in the process   | responsible, compassionate, and ethical  | progress  |
| of internalization of values because one can only  | members of society.  | Unit 9 03.10.2025 to 17.10.2025 (11)  |
| give what one has written. Building values is some   | Unit 1 02.04.2025 to 19.04.2025 (11)   | <b>Content</b> : Rights & Responsibilities  |
| what similar to building a house, brick by brick   | Content : Doing your best  | Activity : Class divided into two groups,   |
| That is why values education for all members   | Activity : Make a pamphlet about the   | Rights & Duties, Student will be  |
| of society needs. Value based education for all  | following people : Steve Jobs,   | asked to list down various don'ts   |
| members of society needs to be seen as a   | Sunita Williams, Nelson Mandela,   | in the school premises.   |
| valuable investment.   | Sudha Chandran   | Unit 10 24.10.2025 to 07.11.2025 (11)   |
| Specific Objective :   | Unit 2 21.04.2025 to 03.05.2025 (11)   | Content : Rights & Responsibilities   |
| The Values can be acquired every moment and  | Content : Doing your best  | Activity : Find out about 6 fundamental   |
| everyday of our lives but some basic parameters  | Activity : List of atleast 4 things that you   | rights & duties for children  |
| and focus areas are :  | want to accomplish before this   | Unit 11 10.11.2025 to 21.11.2025 (11)   |
| The specific objectives of valuable education are :  | year end. Identify the things that   | Activity : making masks of Gandhi's three   |
| 1. Character Development : To instill moral and  | you need to do.  | monkey. Group of 4 will prepare a   |
| ethical values such as honesty, kindness, and  | Unit 3 05.05.2025 to 16.05.2025 (09)   | skit of 1 min on it.  |
| responsibility.<br><b>2. Respect and Empathy :</b> To encourage  | Content : Collaboration  | Unit 12 24.11.2025 to 05.12.2025 (11)   |
| respect for others, empathy, and compassion  | Activity : Radio show  | Content : Peace   |
| in interactions.   | Unit 4 23.06.2025 to 05.07.2025 (11)   | Activity : Find out the various symbols of  |
| 3. Civic Responsibility : To develop awareness   | Content : Collaboration  | peace used all over the World &   |
| about social responsibilities and good   | Activity         : Group Discussion           Unit 5         07.07.2025 to 18.07.2025         (10)   | make a small poster in pairs.<br>Unit 13 08.12.2025 to 26.12.2025 (14)  |
| citizenship.   | Unit 5 07.07.2025 to 18.07.2025 (10)<br>Content : Respect  | Unit 13         08.12.2025 to 26.12.2025         (14)           Content         : Acceptance of others                                    |
| 4. Emotional and Mental Well-being : To help   | Activity : Make a list of at least 10 situations   | Activity : What kinds of inequalities prevail   |
| students manage emotions, build resilience,  | in day-ti-day life in which respect  | in our country ? Suggest ways to  |
| and maintain a positive attitude.  | is shown   | overcome them.  |
| 5. Cultural Awareness and Tolerance : To   | Unit 6 21.07.2025 to 02.08.2025 (11)   | Unit 14 08.01.2026 to 31.01.2026 (17)   |
| promote respect for diverse cultures,  | Content : Respect  | <b>Content</b> : Acceptance of others   |
| traditions, and perspectives.  | Activity : • Celebrating the nation (Draw a  | Activity : Listen & learn different music.  |
| · · · · · · · · · · · · · · · · · · ·  | ,  |   |

| Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)       Learning Objectives :       interactions especially between multiculturindividuals and societies.         Content       : Acceptance of others (contd.)       Students will be able to comprehend the amount of stress or pressure a person is in. It is important to develop self-awareness to eventually develop empathy, effective communication and interpersonal relationship along with an activity on self awareness.       Unit 3       05.05.2025 to 16.05.2025 (09)         Learning Objectives :       Unit 3       05.05.2025 to 16.05.2025 (09)       The students will understand better by a catage of the stude |  |   | CLASS VII   |
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| Learning Objectives .  | different cultures.<br>Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)<br>Content : Acceptance of others (contd.)<br>Activity : Listen & learn different music.<br>Read books that are windows to<br>different cultures. (contd.)   | our personality, attributes, tastes and distastes.<br>Learning Objectives :<br>Students will be able to comprehend the amount<br>of stress or pressure a person is in. It is important<br>to develop self-awareness to eventually develop<br>empathy, effective communication and<br>interpersonal relationship along with an activity on<br>self awareness.<br>Unit 3 05.05.2025 to 16.05.2025 (09)  | Learner's will have a drastically improved social<br>interactions especially between multicultural<br>individuals and societies.<br>Unit 6 21.07.2025 to 02.08.2025 (11)<br>Topic : Empathy<br>Description :<br>The value of imaging one's life from their pecan be<br>learned by empathy.<br>Learning Objectives :   |
|  | Learning Objectives :<br>1. Learners to develop a diverse set of life skills,  | Myths and misconceptions  | study.  |
| <ul> <li>Learning Objectives :</li> <li>Lea</li></ul>   | <ul> <li>including self awareness, empathy, critical thinking, decision making and effective communication. Fostering their holistic personal growth, positive interpersonal relationship and the ability to navigate challenges in life.</li> <li>2. Learners through sewa project will cultivate strong emotional and social skills, engaging in activities that nurture creative and critical thinking, fostering global awareness, sense of social responsibility and innate commitment to giving back to society.</li> <li>Unit 1 02.04.2025 to 19.04.2025 (11) Topic : Self awareness</li> <li>Description :</li> <li>The ability to recognize and understand one's emotions, strengths, weaknesses, values and goals.</li> <li>Learners will develop a deeper understanding of their own identity, and aspirations fostering improved self esteem and self confidence.</li> </ul> | Description :Adolescence is a critical period during whichsignificant physical, psychological and socialchanges occur. The suddenness and rapid pacewith which the changes take place in the body andmind of adolescents, give rise to a number ofissues. and how to cope with them.Learning Objectives :Students in this session learn about some mythsand misconceptions associated with growing upchanges in them during adolescence/puberty.Unit 423.06.2025 to 05.07.2025 (11)Topic: Growing up health and hygiene-<br>Myths and misconceptionsDescription :Being misinformed, they fall prey to myths and<br>misconceptions which results in indulgence in<br>high risk-Behaviours.Learning Objectives :Learner's will understand better through a Quiz.Unit 507.07.2025 to 18.07.2025 (10)Topic: Empathy | Unit 704.08.2025 to 22.08.2025(14)Topic: Mental health and substance useDescription :Substance abuse and Alcoholism is a chronicprogressive illness, whic manifests itself as adisorder of behaviour. It is characterized byrepeated and excessive drinking of alcoholicbeverages. If not trated in time, an alcoholic candie of medical complications (mentioned below),accidents suicides.Learning Objectives :Student's come to an understanding thatsubstance abuse and intoxication leads toproblems that impose a huge cost to the society asit can come with risk of injury, crime, negativeimpact on educational achievement and healthproblems.Unit 8 & Rev. 25.08.2025 to 12.09.2025 (15)Topic: Mental health and substance useand abuseDescription :Treatment consists of detoxification, therapy, and |
| Topic       : Self awareness       Empathy is one of the major tools needed to       Learning Objectives :   | Topic : Self awareness<br>Description :  | form a positive relationship among our loved  | Student's will learn deeply about abuse by a case   |

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| Unit 903.10.2025 to 17.10.2025(11)Topic:Interpersonal RelationshipsDescription :Interpersonal Relationshih help us to relate in<br>positive ways while interactineg with people and<br>being able to make and keep friendly relationships<br>that are of great importance for our mental and<br>social well-being.Learning Objectives :Learner's will develop problem solving skills<br>through interpersonal relationship dealing.Unit 1024.10.2025 to 07.11.2025Unit 1024.10.2025 to 07.11.2025Opic :Effective communicationDescription :Effecetive Communication means that we are<br>able to express ourselves, both verbally and non-<br>verbally, in ways that are appropriate to our<br>cultures and situations. This means being able to<br>express opinions and desires, and also needs and<br>fears. And, it would also mean being able to ask for<br>advice and help in the time of need.Learning Objectives :Effective communication skills will enhance the<br>student's decision making which helps us to deal<br>constructively with decisions about our lives. It<br>teaches people how to make decisions about their<br>actions in relation to a healthy assessment of<br>different options and what effects these different<br>decisions are likely to have.Unit 1110.11.2025 to 21.11.2025 (11)Topic :Coping with Emotions<br>means recognizing<br>emotions influence behaviour and being able to<br>respond to emotions appropriately. Intense<br>emotions like anger or sadness can have negative<br>effects on our health if we don't respond to them<br>appropriately. | Learning Objectives :<br>Learners will have an understanding about their<br>emotions and how they have to cope up with them<br>and develop an understanding about their<br>psychological competence; build their self<br>esteem and self-efficacy and nurture holistic<br>development.<br>Unit 12 24.11.2025 to 05.12.2025 (11)<br>Topic : Coping with stress<br>Description :<br>Coping with stress means recognising the<br>sources of stress in our lives, recognising how<br>they affect us and how we act in a way that helps<br>us control our levels of stress.<br>Learning Objectives :<br>Learner's will develop critical thinking abilities by<br>learning to cope up with our stress, triggers, and<br>our lifestyle.<br>Unit 13 08.12.2025 to 26.12.2025 (14)<br>Topic : Coping with stress<br>Description :<br>Getting aware about the stress levels and how<br>they manage it<br>Learning Objectives :<br>Students will understand by a case study and<br>discussion in class.<br>Unit 14 08.01.2026 to 31.01.2026 (17)<br>Topic : Social empowerment through<br>work, education and actions.<br>Description :<br>To murrur robust mental and social health in<br>today's children is the central focus of the Social<br>empowerment projects. These initiatives aim to<br>channelize children's mind into constructive<br>activities, leveraging creative and critical thinking<br>for positive outcomes. The overarching goal is to<br>cultivate self-confidence and self-esteem in the<br>young minds. Additionally, the program seeks to | underscore the vital interdependence among all<br>human beings and our reliance the environment in<br>our user connected global village. Students are<br>encouraged to recognize their responsibility<br>towards the less priviledged, those disadvan<br>ntages, CWSN (Divyang), society, and the<br>environment. The giving back to society is<br>intended to become second nature to them.<br>Learning Objectives :<br>Learner's creative and critical thinking wil be<br>enhanced, which will improve self-confidence<br>while also instilling a recognition of social<br>responsibility, independence and work ethic.<br>Unit 15 & Rev. 02.02.2026 to 12.02.2026 (11)<br>Topic : Revision |